

November



MOSAIC CSP

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 11:15-LUNCH 12-1-Creative Writing 1-3- Art Therapy	3 11:15-LUNCH 12-1-Walking Group 1-2- MEMBER MEETING	4 11:15-LUNCH 12-1- BINGO 1:30-2:30- Music Therapy	5 11:15-LUNCH 12-1-Peer Support 1-4-Arts & Crafts	6 11:15-LUNCH 12-1-Journaling 1-2- Member Led Dual Dependency Group	7
8	9 11:15-LUNCH 12-1-Stress Management 1-3- Art Therapy	10 11:15-LUNCH 12-2- Library Outing Nature Based Therapy	11 11:15-LUNCH 12-1-Journing 1:30- 2:30- Music Therapy	12 11:15-LUNCH 12-1-Peer Support 1-2:30-Arts & Crafts	13 11:15-LUNCH 12-1-Dream Catchers 1-2- Member Led Dual Dependency Group	14 11:15-LUNCH 12:00-2:00pm-OPEN ACTIVITIES
15	16 MOSAIC CLOSED STAFF DAY	17 11:15-LUNCH 12-1-Peer Support 1-2-Exercise Group	18 11:15-Lunch 12-1-Journaling 1:30-2:30- Music Therapy	19 11:15-LUNCH 12-1-Peer Support 1-2:30-Arts & Crafts	20 11:15-LUNCH 12-1- HUMANE SOCIETY OUTING! 1-2- Member Led Dual Dependency Group	21
22	23 11:15-LUNCH 12-1-Stress Management 1-3- Art Therapy	24 11:15-LUNCH 12- Color-Me Mine Outing 1-2-Exercise Group Nature Based Therapy	25 11:15-LUNCH 12-1-Self-Care Group 1:30-2:30- Music Therapy	26 	27 11:15-LUNCH MOVIE DAY	28
29	30 11:15-Lunch 12-1-Stress Management 1-3 Art Therapy					

NOW OPEN EVERY SECOND SATURDAY OF EACH MONTH, 10:00am to 2:00pm!