



TOUCHSTONE
mental health

2025 ANNUAL REPORT



“2025 Was a Busy Year for Touchstone Mental Health”

Board Chair

Darin McDonald

Executive Director

Ellie Skelton



As we reflect on 2025, we are struck by both the momentum of growth and the significance of transition. It has been a year defined by expansion, innovation, and deepened impact — alongside meaningful endings that honor decades of community, care, and connection.

In response to the needs within the communities we serve, we launched a program in Anoka County called Mosaic, a drop-in center providing meals, connection, and peer support to more than 100 adults living with mental illness. This program reflects our belief that healing happens in community where everyone has a place to belong.

Housing remains central to our mission. In 2025, we began administering the Bridges Housing Subsidy Program and expanded support through the Housing Trust Fund — helping dozens of households secure and maintain stable housing. Additionally, we opened Kyle Garden Square in partnership with Alliance Housing and Property Solutions and Services (PSS), creating 59 new supportive housing units, and launched a collaboration at Lydia Apartments with Beacon Interfaith Housing Collaborative and PSS, serving 80 individuals. Earlier in the year, we provided housing assistance through the City of Bloomington to 15 low-income households, demonstrating our ability to respond quickly to urgent needs.

At the same time, we continue to invest in quality and innovation of care. Through a research partnership with the University of Minnesota, we are advancing recovery-focused practices that strengthen outcomes for those we serve.

At our Lyric Lane Intensive Residential Treatment Services (IRTS) program, we are modernizing and enhancing the environment with renovations and the addition of solar panels — creating more sustainable, trauma-informed spaces that support healing. These improvements will be completed in 2026.

Yet, 2025 also brought a significant and emotional transition. After more than 30 years of service, we closed New Hope Apartments on June 30. New Hope was more than housing — it was a community. With residents staying an average of over 11 years, it stood as a powerful example of stability, connection, and long-term support. We honor its legacy and the many lives shaped within its walls.

In addition to these the aforementioned initiatives, Touchstone continued to provide supportive housing, community-based services, and intensive residential treatment services, ensuring consistent, high-quality care for those who rely on us every day.

None of this would be possible without our greatest asset — our dedicated, mission-driven staff — and the leadership of our volunteer Board of Directors. Their commitment, compassion, and expertise make this work possible every day.

We are also deeply grateful to our partners, supporters, and community members who stand with us in advancing hope, health, and healing.

20
25

In total, 2,259 people were served across 14 programs in 2025 — each individual representing a story of resilience, and a reminder of why this work matters.

20
26

We are excited to announce the opening of Enclave Overlook Apartments off Highway 55. Enclave provides 48 units of affordable apartments for Western Hennepin County Residents in Rockford, MN.

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Everyone did what they had to do to help me move in. It went so smoothly!
-Pat, ICS Resident

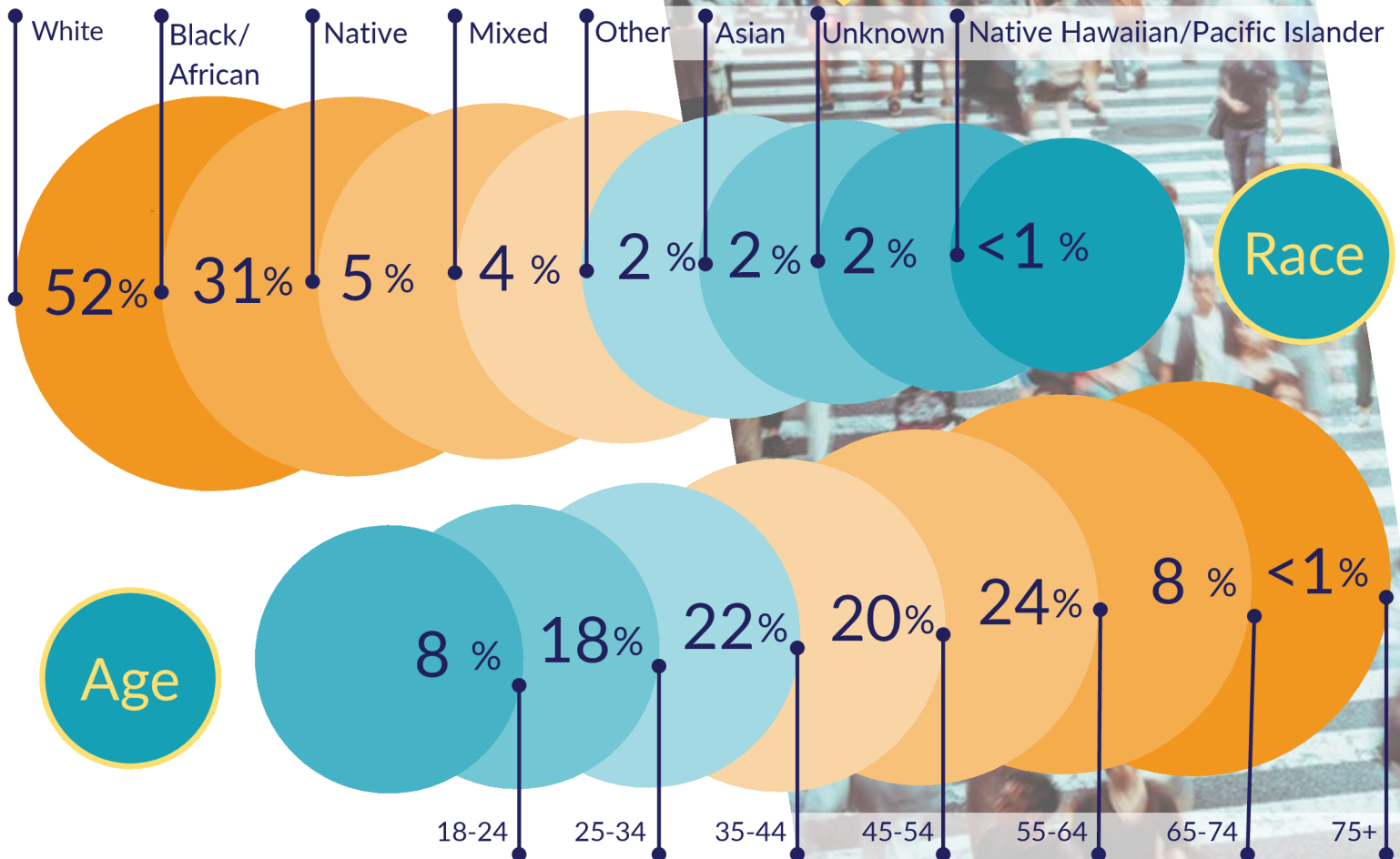
Demographic and Geographical Data



People Served

Jan. 1 - Dec. 31 2025

2,259



Mission Statement

Touchstone Mental Health provides innovative, person-centered services that foster hope, health, and well-being.

Our programs connect people with community services, resources, and health care, and we provide ongoing support so they can thrive in their community. We fulfill our mission by providing services that improve mental health and housing stability, reduce homelessness, and increase self-sufficiency for the people we serve. Each year, we help more than 2200 people regain their confidence, embrace their self-worth, and find a sense of belonging and hope for their future.

Locations Serviced

Minneapolis	53%
Suburban Hennepin	34%
Anoka County	5%
Dakota County	4%
Ramsey County	3%
Other County	2%

99%

Of Individuals served have an income at or below the Federal Poverty Level of \$15,650 annually

New in 2026!



Construction began in 2025 on Exodus. Once completed, this project will provide 72 studio units of deeply affordable housing designed to support individuals experiencing homelessness and housing instability.

Programs Throughout the Year





Programs



Intensive Residential Treatment Services

Lytic Lane, Portland Place, Two Rivers.

Served 264

Completed Treatment 145



Community Programs

Care Coordination (CC), Targeted Case Management (TCM), Adult Rehabilitative Mental Health Services (ARMHS), Touchstone Connections, MOSAIC

Served 1656

Hospital Trips Prevented 1313

Average Years with Service 3.06



Housing Services

Housing Innovations, Intentional Communities, PATH, Rising Cedar Apartments, Minnehaha Commons, Kyle Garden Square, Lydia Apartments

Served 541

Clients with >12 months of housing 156



Success Stories

1378

New Clients

Were admitted to one of our programs in 2025

89%

Of Clients

Made progress on at least one goal during their services

Individuals facing chronic mental illness or homelessness moved into supportive housing this year.

195

- 126 people were assisted in finding housing.
- 44 people were assisted with application fees.
- 29 people were given funds for Bridging appointments.
- 19 people were assisted with moving costs, and more.

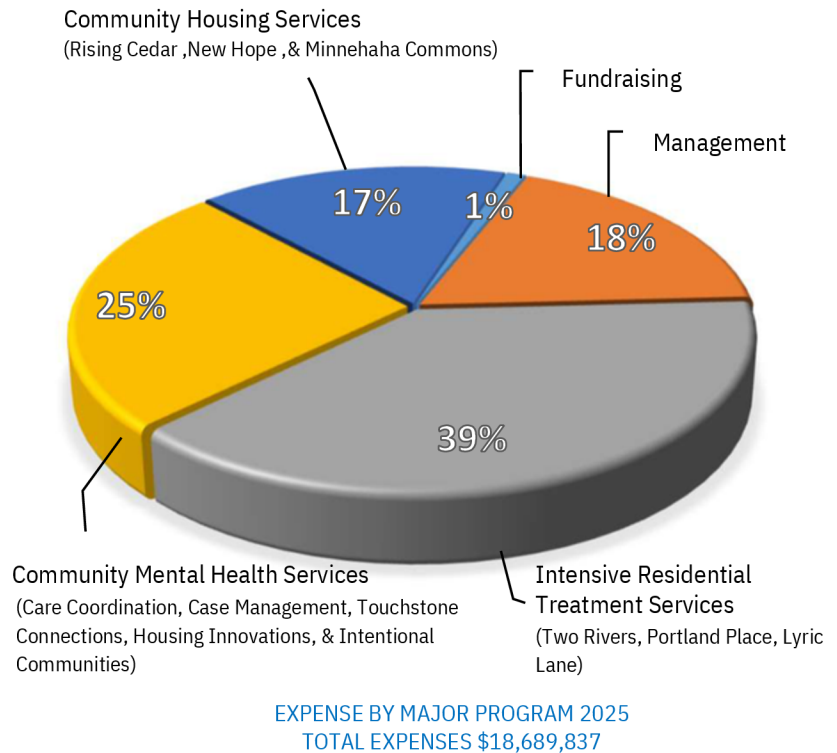
Financial Review



Touchstone Mental Health 2025 Financial Overview

BALANCE SHEET

Assets	
Current Assets	
Cash and Cash Equivalents	\$ 1,771,823
Accounts Receivables	\$ 1,733,026
Grants	\$ 449,148
Promises to Give - Leased Space	\$ 65,450
Operating Lease - Right of Use - Current	\$ 180,554
Prepaid Rents	\$ 17,808
Prepaid Expenses	\$ 254,015
Total Current Assets	\$ 4,471,824
Property and Equipment, Net	\$ 5,534,790
Other Assets	
Investments	\$ 98,252
Promise to Give, Leased Space	\$ 425,425
Prepaid Rent, Net	\$ 115,749
Other Assets	\$ 256,411
Deposits	\$ 1,850
Operating Lease - Right of Use - LT	\$ 899,928
Total Other Assets	\$ 1,797,615
Total Assets	\$ 11,804,229
Liabilities and Net Assets	
Current Liabilities	
Current Maturities of Long-Term Debt	\$ 75,418
Lease Liabilities, Current Portion	\$ 180,554
Accounts Payable	\$ 122,104
Accrued Expense	\$ 1,035,491
Total Current Liabilities	\$ 1,413,567
Long Term Liabilities	\$ 2,801,014
Net Assets	
Board Designated Reserve	\$ 4,202,864
Without Donor Restriction	\$ 2,792,180
With Donor Restriction	\$ 594,604
Total Net Assets	\$ 7,589,648
Total Liabilities and Net Assets	\$ 11,804,229



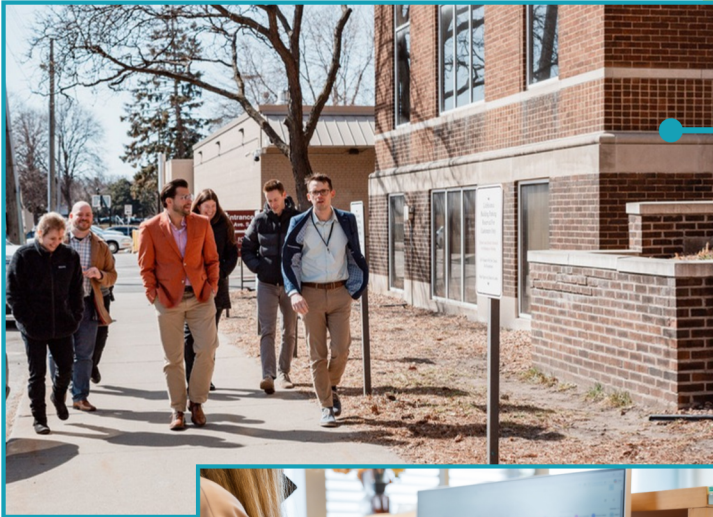
STATEMENT OF ACTIVITIES

Support and Revenue	
Net Program Service Fees	\$ 14,694,835
Rent and Utilities	\$ 2,182,378
Investment Income	\$ 35,636
Grants	\$ 1,703,587
Contributions	\$ 130,530
Donated Nonfinancial Assets	\$ 57,243
Other	\$ 123,196
Loss on Disposal of Property & Equipment	\$ (757)
Total Support and Revenue	\$ 18,926,648
Expenses	
Program Services	\$ 15,107,616
Management and General	\$ 3,396,311
Fundraising	\$ 185,910
Total Expenses	\$ 18,689,837
Change in Net Assets	\$ 236,811
Net Assets, Beginning of Year	\$ 7,352,837
Net Assets, End of Year	\$ 7,589,648

Staff, Board Members, and Donors



Key Staff



Leadership

- Ellie Skelton, MA
- Chris Tomshine
- Kari Scanlon, PHR
- Chris Westergaard, LICSW



Senior Directors

- Anne Boone, LMFT
- Katie Muehlen, LICSW
- Rachel Meyer, LMFT



Directors

- Andrea Roland, LPCC
- Chris Hughes, MA
- Douglas Berry, LPCC
- Heidi Johnson, LICSW
- Doreen Rusk, LMFT
- Linda Olsen, LICSW
- Michele McGee
- Shanna McInstosh, LICSW
- Vanna Preska

"[This experience] has given me a validating and hands-on learning experience that has deepened my understanding of mental health work. I've felt truly seen and supported throughout the apprenticeship, and I'm incredibly grateful for the opportunity to grow both personally and professionally."
-Daisy, Apprentice at Two Rivers



Touchstone Board of Directors in 2025

Thanks and Gratitude for your service!



Sanchayita Ray
Vice-Chair

Darin McDonald
Chair



Beth Cairns

Cambria Fladager
Treasurer



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**Savannah
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 Mental Health Minnesota
 Mental Health Resources
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 Metro State
 Minneapolis College
 MN Council of Nonprofits
 Minnesota Landscape Arboretum
 NAMI MN
 Project for Pride in Living (PPL)
 Property Solutions and Services (PSS)
 Residential Providers Association of MN (RPAMN)
 RISE
 Sand Companies
 University of Minnesota Center for Practice Transformation
 University of Minnesota Healthcare Management Program
 University of Minnesota's Earl E. Bakken Center for Spirituality & Healing
 VY Management

Funding Partners

Anoka County Community Social Services and Behavioral Health Department
 Anoka County Community Development Block Grant
 City of Minneapolis Health Department
 Continuum of Care Program – Housing and Urban Development
 Dakota County Behavioral Health Division
 Engler Family Foundation
 Greater Twin Cities United Way
 Hennepin County Behavioral Health Division
 Hennepin County Housing Support Provider
 Hennepin County Human Services and Public Health Department
 MN Department of Human Services, Behavioral Health Division
 MN Housing - Bridges Program
 MN Housing- Housing Trust Fund
 MN Office of Higher Education
 MN State Arts Board
 Otto Bemer Trust Community Responsive
 Stevens Square Foundation



Touchstone Donors



January 1, 2025-December 31, 2025

In Memory

Amy Park Williams

Williams Donor Advised Fund

>\$5,000

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Viking Materials

In Honor

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\$500-\$4,999

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Capitol Park Mental Health

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Beacon Interfaith Housing

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(PSS)

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John Zakelj

\$1-\$500

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TOUCHSTONE

mental health

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Platinum
Transparency
2026

Candid.

Donate



**Thank you to all
staff, donors,
volunteers,
community and
board
members!**