



TOUCHSTONE  
mental health

# 2025 ANNUAL REPORT



# “2025 Was a Busy Year for Touchstone Mental Health”



**Board Chair**  
Darin McDonald

**Executive Director**  
Ellie Skelton

As we reflect on 2025, we are struck by both the momentum of growth and the significance of transition. It has been a year defined by expansion, innovation, and deepened impact — alongside meaningful endings that honor decades of community, care, and connection.

In response to the needs within the communities we serve, we launched a program in Anoka County called Mosaic, a drop-in center providing meals, connection, and peer support to more than 100 adults living with mental illness. This program reflects our belief that healing happens in community where everyone has a place to belong.

Housing remains central to our mission. In 2025, we began administering the Bridges Housing Subsidy Program and expanded support through the Housing Trust Fund — helping dozens of households secure and maintain stable housing. Additionally, we opened Kyle Garden Square in partnership with Alliance Housing and Property Solutions and Services (PSS), creating 59 new supportive housing units, and launched a collaboration at Lydia Apartments with Beacon Interfaith Housing Collaborative and PSS, serving 80 individuals. Earlier in the year, we provided housing assistance through the City of Bloomington to 15 low-income households, demonstrating our ability to respond quickly to urgent needs.

At the same time, we continue to invest in quality and innovation of care. Through a research partnership with the University of Minnesota, we are advancing recovery-focused practices that strengthen outcomes for those we serve. At our Lyric Lane Intensive Residential Treatment Services (IRTS) program, we are modernizing and enhancing the environment with renovations and the addition of solar panels — creating more sustainable, trauma-informed spaces that support healing. These improvements will be completed in early 2026.

Yet, 2025 also brought a significant and emotional transition. After more than 30 years of service, we closed New Hope Apartments on June 30. New Hope was more than housing — it was a community. With residents staying an average of over 11 years, it stood as a powerful example of stability, connection, and long-term support. We honor its legacy and the many lives shaped within its walls.

In addition to these the aforementioned initiatives, Touchstone continued to provide supportive housing, community-based services, and intensive residential treatment services, ensuring consistent, high-quality care for those who rely on us every day.

None of this would be possible without our greatest asset — our dedicated, mission-driven staff — and the leadership of our volunteer Board of Directors. Their commitment, compassion, and expertise make this work possible every day. We are also deeply grateful to our partners, supporters, and community members who stand with us in advancing hope, health, and healing.

**2025**

In total, 2,259 people were served across 14 programs in 2025 — each individual representing a story of resilience, and a reminder of why this work matters.

**2026**

We are excited to announce the opening of Enclave Overlook Apartments off Highway 55. Enclave provides 48 unites of affordable apartments for Minneapolis Residents

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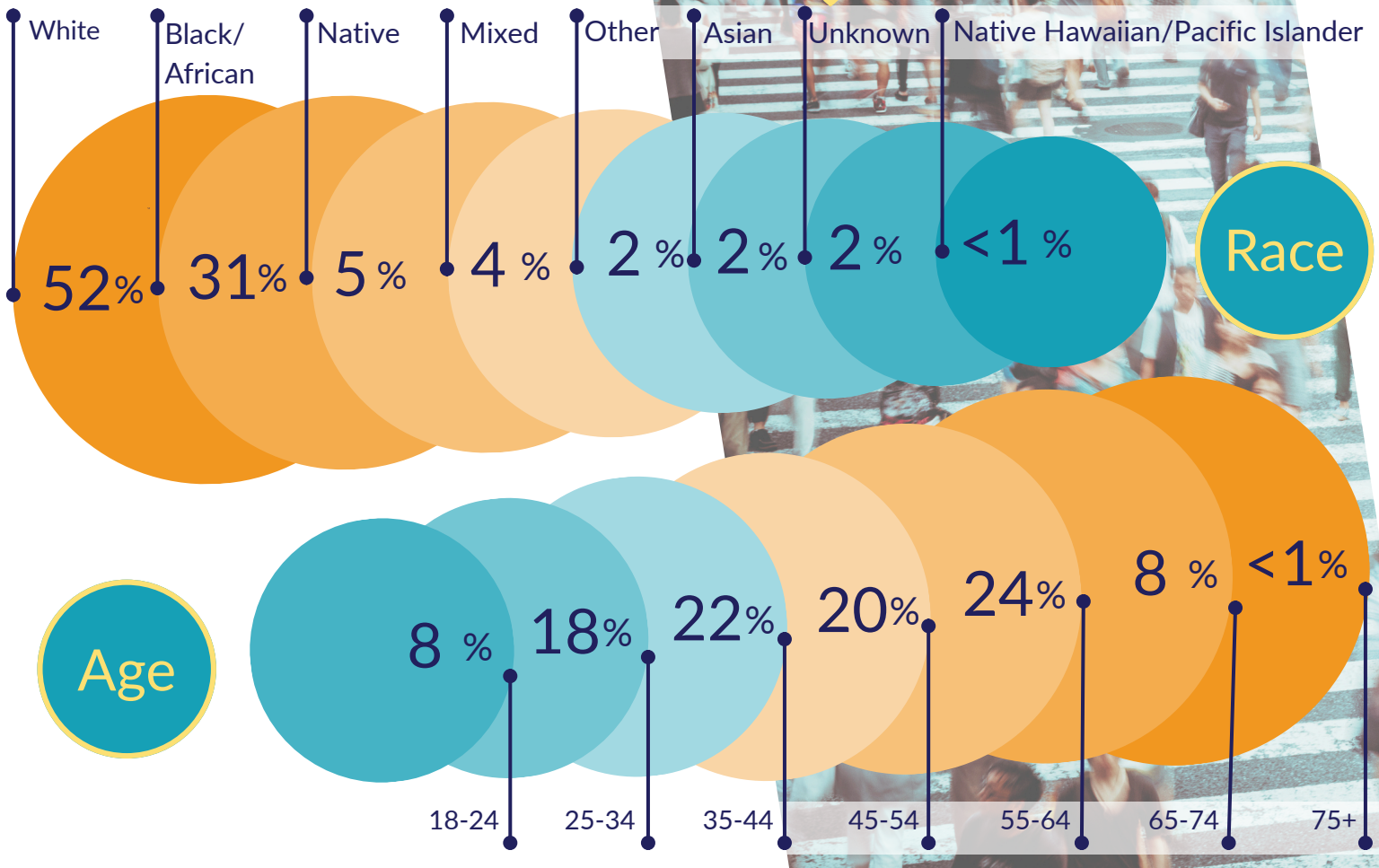
Everyone did what they had to do to help me move in. It went so smoothly!  
-Pat, ICS Resident

# Demographic and Geographical Data



People Served  
Jan. 1 - Dec. 31 2025

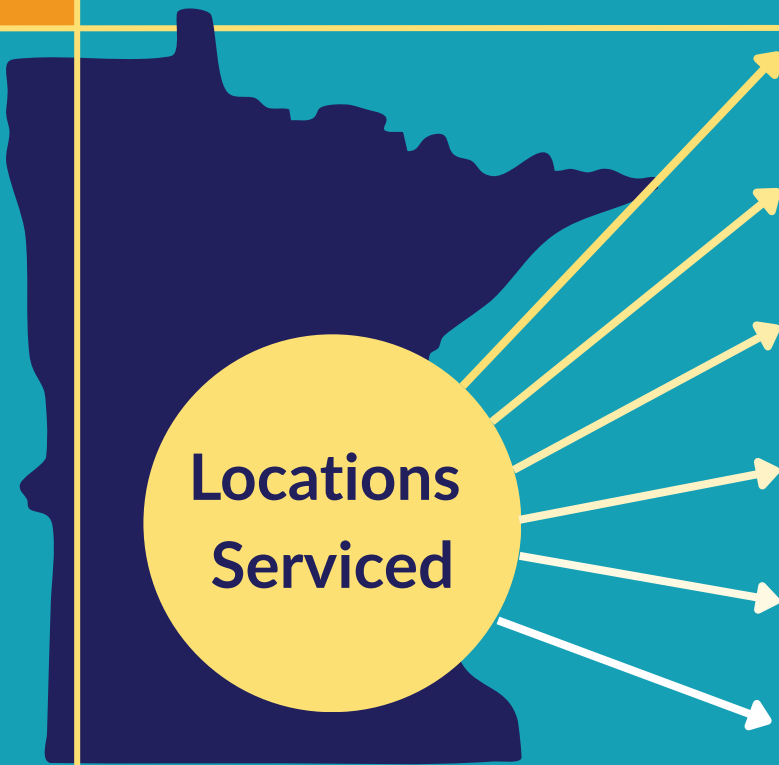
# 2,259



## Mission Statement

Touchstone Mental Health provides innovative, person-centered services that foster hope, health, and well-being. Our programs connect people with community services, resources, and health care, and we provide ongoing support so they can thrive in their community.

We fulfill our mission by providing services that improve mental health and housing stability, reduce homelessness, and increase self-sufficiency for the people we serve. Each year, we help more than 2200 people regain their confidence, embrace their self-worth, and find a sense of belonging and hope for their future.



Minneapolis	53%
Suburban Hennepin	34%
Anoka County	5%
Dakota County	4%
Ramsey County	3%
Other County	2%

**99%** Of Individuals served have an income at or below the Federal Poverty Level of \$15,650 annually



## New in 2026!



Construction began in 2025 on Exodus. Once completed, this project will provide 72 studio units of deeply affordable housing designed to support individuals experiencing homelessness and housing instability.

# Programs Throughout the Year





# Programs



## Intensive Residential Treatment Services

Lyric Lane, Portland Place, Two Rivers.

Served 264

Successfully Discharged 145



## Community Programs

Care Coordination (CC), Targeted Case Management (TCM), Adult Rehabilitative Mental Health Services (ARMHS), Touchstone Connections, MOSAIC

Served 1656

Hospital Trips Prevented 1313

Average Years with Service 3.06



## Housing Services

Housing Innovations, Intentional Communities, PATH, Rising Cedar Apartments, Minnehaha Commons, Kyle Garden Square, Lydia

Served 541

Clients with >12 months of housing 156



## Success Stories

1378

### New Clients

Were admitted to one of our programs in 2025

89%

### Of Clients

Made progress on at least one goal during their services

Individuals facing chronic mental illness or homelessness moved into supportive housing this year.

195

- 126 people were assisted in finding housing.
- 44 people were assisted with application fees.
- 29 people were giving funds for bridging appointments.
- 19 people were assisted with moving costs, and more.

# Financial Review

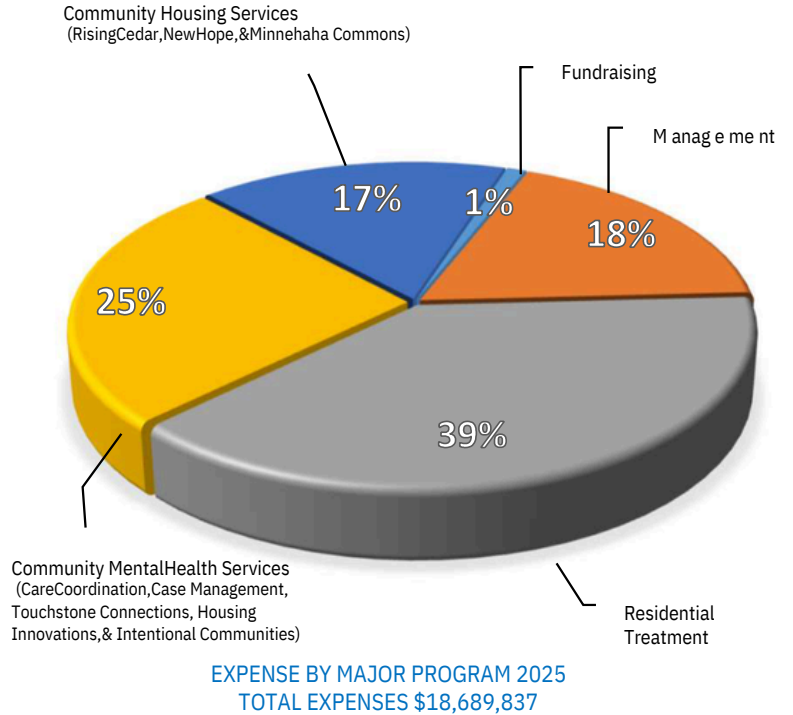


# Touchstone Mental Health 2025 Financial Overview

## BALANCE SHEET

Assets	
Current Assets	
Cash and Cash Equivalents	\$ 1,771,823
Receivables, Net	
Accounts	\$ 1,733,026
Grants	\$ 449,148
Promises to Give - Leased Space	\$ 65,450
Operating Lease - Right of Use - Current	\$ 180,554
Prepaid Rents	\$ 17,808
Prepaid Expenses	\$ 254,015
<b>Total Current Assets</b>	<b>\$ 4,471,824</b>
<b>Property and Equipment, Net</b>	<b>\$ 5,534,790</b>
Other Assets	
Investments	\$ 98,252
Promise to Give, Leased Space	\$ 425,425
Prepaid Rent, Net	\$ 115,749
Other Assets	\$ 256,411
Deposits	\$ 1,850
Operating Lease - Right of Use - LT	\$ 899,928
<b>Total Other Assets</b>	<b>\$ 1,797,615</b>
<b>Total Assets</b>	<b>\$ 11,804,229</b>

Liabilities and Net Assets	
Current Liabilities	
Current Maturities of Long-Term Debt	\$ 75,418
Lease Liabilities, Current Portion	\$ 180,554
Accounts Payable	\$ 122,104
Accrued Expense	\$ 1,035,491
<b>Total Current Liabilities</b>	<b>\$ 1,413,567</b>
<b>Long Term Liabilities</b>	<b>\$ 2,801,014</b>
Net Assets	
Board Designated Reserve	\$ 4,202,864
Without Donor Restriction	\$ 2,792,180
With Donor Restriction	\$ 594,604
<b>Total Net Assets</b>	<b>\$ 7,589,648</b>
<b>Total Liabilities and Net Assets</b>	<b>\$ 11,804,229</b>



## STATEMENT OF ACTIVITIES

Support and Revenue	
Net Program Service Fees	\$ 14,694,835
Rent and Utilities	\$ 2,182,378
Investment Income	\$ 35,636
Grants	\$ 1,703,587
Contributions	\$ 130,530
Donated Nonfinancial Assets	57,243
Other	123,196
Loss on Disposal of Property & Equipment	\$ (757)
<b>Total Support and Revenue</b>	<b>\$ 18,926,648</b>

Expenses	
Program Services	\$ 15,107,616
Management and General	\$ 3,396,311
Fundraising	\$ 185,910
<b>Total Expenses</b>	<b>\$ 18,689,837</b>

Change in Net Assets	\$ 236,811
Net Assets, Beginning of Year	\$ 7,352,837
<b>Net Assets, End of Year</b>	<b>\$ 7,589,648</b>

# Staff, Board Members, and Donors



# Key Staff



## Leadership

- Ellie Skelton, MA: CEO/Executive Director
- Chris Tomshine, BA: CFO/Vice President of Finance
- Kari Scanlon, PHR: Vice President of Human Resources
- Chris Westergaard, MSW, LICSW: Vice President of Clinical Services



## Senior Directors

- Anne Boone, LMFT
- Katie Muehlen, LICSW
- Rachel Meyer, MA, LMFT



## Directors

- Andrea Roland, MA, LPCC
- Chris Hughes, MA
- Douglass Berry, LPCC
- Heidi Johnson, MSW, LICSW
- Doreen Rusk, LMFT
- Linda Olsen, LICSW
- Michele McGee, BS
- Shanna McInstosh, MSW, LICSW
- Vanna Preska, BA

"[This experience] has given me a validating and hands-on learning experience that has deepened my understanding of mental health work. I've felt truly seen and supported throughout the apprenticeship, and I'm incredibly grateful for the opportunity to grow both personally and professionally."

-Daisy, Intern at Two Rivers



# Touchstone Board of Directors in 2025

Thanks and Gratitude for your service!



**Sanchayita Ray**  
Vice-Chair

**Darin McDonald**  
Chair



**Beth Cairns**

**Cambria Fladager**  
Treasurer



**Christine Clifford**

**Brenden Forte**



**Pia Teabout**





**Jan W. Castillo**

**Jamie Galbreath**



**Maureen Flynn**

**John Fritz**



**Naima Mohamed**

**Rebecca Bachman**



**Kathy Stephens**

**Savannah Steele**



# Touchstone Donors



January 1, 2025-December 31, 2025

## In Memory

**Amy Park Williams**  
Williams Donor Advised Fund

## \$5,000<

Agri Bank  
Choice Bank  
J. Thomas and Janet Nelson  
Stacy & Bob Salmi  
Viking Materials

Brenden Forte  
John Fritz  
Genoa Health  
Roger & Minday Greiling  
Michelle Haik  
Taylor Ina  
Heidi Interdonato  
Natalie Ives  
Deborah Jiang-Stein  
Marlyn & Lorraine Johnson  
Beth Kessler  
Kevin Kile  
Landon Group  
Ian Law  
Marsh McClennan (MMA)  
Darin McDonald  
David McGraw Schuchman  
Barbara McQuillan  
Medica  
Stephanie Meinke  
MN Brewery Running Series  
Naima Mohamed  
Sara Mohn  
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Netrio  
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Property Solutions and Services-  
(PSS)  
Qualifacts  
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Account  
Teri Rooney  
Jeanette Rosand  
Russell T. Lund Charitable Trust  
Kari Scanlon  
Sjaastad Family Charitable Fund  
Ellie Skelton  
Sommers Haas Community Fund

## In Honor

**John T. and Martha R. Richter**  
Richter Family Foundation  
**Sissel Bakkelund**  
Renate Sharp  
**Barbara Hoffman**  
Elizabeth Hannon

## \$500-4,999

Allan and Margaret Moore -  
Family Foundation  
SFM  
Anonymous  
Hugh and Laurie Aylward  
Tara Ballentine  
Kris Bensen  
Blumentals Architecture  
Anne Boone  
Bremer Bank / Old National  
Bethany Burzynski  
Beth Cairns  
Lyndsay Capeder  
Capitol Park Mental Health  
Jan Castillo  
Christine Clifford  
Kamarrie Coleman  
Mike and Leslie Connelly  
Ingrid Culp  
Timothy Dykstal  
Cory Erickson  
Mark Evenson  
Jamey Flannery  
Flannery Construction  
Maureen Flynn

## In-Kind

### Goods and Services

Alliance Housing  
Anonymous  
Beacon Interfaith Housing  
Collaborative  
Dan Brinker  
Cambria Fladager  
Google  
Greater Twin Cities United Way  
Kemps  
Lunde, Ken & Paula  
MN State Fair Foundation  
Lynn Olsen  
Andrew Ostapowycz  
Sam Pinilla  
Raising Cane's  
Regency  
Timberwolves Community Impact

## \$500-4,999

### Continued

Matthew Spector  
Stratus Cleaning  
Chris Tomshine  
Ucare  
Mark Vertelney  
Bonnie Watkins  
Watson Forsbert  
Christopher Westergaard  
Kathleen Whiteford  
Braxton Wolfe  
John Zakelj

## \$500>

Abbott Fund Match  
Sue Abderholden  
Sandra Accola  
Mary Adriaens  
Andrea Allred  
Jody Amundson  
Paul Amundson  
Anonymous  
Rebecca Bachman  
John Bahe  
Nikki Baker  
John and Denise Balsley  
Alex Basile  
Chris Becker  
Mallorie Benoit  
Kimberly Berg  
Best Buy Giving Fund  
Daniel Bihrlé  
Sharon Blomgren  
Anastasia Bocchetti  
Gena Braaten  
Jean Brekke

Katherine Crawford  
Geoffrey Crees  
Maria Crees  
Ben Crowe  
Sarah Crowson  
A. Dawkins  
Michelle Doyal  
Jamie Dreher  
Sam Dudovitz  
Amie Dwyer  
David Eccher  
Kate Eifrig  
Lindsey Erdmann  
Denise Farr  
Matthew Fedde  
Samuel Fehr  
Carla Ferrucci  
Tara Fink  
Julie Fink  
Cambria Fladager  
Dale Forsberg  
Navigate Forward  
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Kate Gillette  
Givebutter  
Keri Fraging  
Marion Freiling  
Jim Gudmonson  
Betsy Guzior  
Kathleen Hayes  
Jessie Hendel  
Eric Hendrickson  
Margo Herman  
Nicole Hill  
Chris Hughes  
Heidi Hustoft  
David Ingalsbe  
Joy Johnson  
Barbara Johnson  
Karianna Johnson  
Brian P. Johnston  
Denise Jones  
Merrie Kaas

C Scott Kammer  
Paul Kennedy  
Ann King  
Elizabeth Kinney  
Rebecca Klindt  
Michael LaMarche  
Bryan and Cheryl Larson  
Katie Levin  
William Lightner  
Holly Lund  
Ken and Paula Lunde  
Susan Lyon  
M.A. Mortenson Company  
Michele McGee  
Daniel Meyer  
Rachel Meyer  
Michael Miner  
Jean Mishler  
Kelly Nathe  
Lawrence Nelsen  
Erik Nelson  
Christi Newell  
Susan Newman  
Mark Niblick  
Carmen O'Halloran  
Mark Olesen  
Linda Olsen  
Lisa Olson  
Melissa Ortega  
Bruce Owens  
Betsy Parrell  
PayPal Giving Fund  
Margaret Peck  
Andrea Peterson  
Manny Peterson  
Kara Pfister  
Mende Pinedo-Ochoa  
Daniel Plocker  
Renaë Porath  
Cristen Purdy  
Elizabeth Pyper-Holz  
Jean Quam

\$500>

Continued

- Terese Radford
- Nathaniel Robitschek
- Andrea Roland
- Brandon Rolloff
- Stanley Rosand
- Cathy Rucci
- Dominika Rudnicka
- Amber Ruth
- Stacy Salmi
- Mark Sanstead
- Julie Sanstead
- Christopher Sanstead
- Don Schwartz
- Liz Sjaastad
- Lowell and Kathy Skelton
- Margaret Skelton
- Riannon Smith
- Tracy Smith
- Sara Smith
- Barbara Sobocinski
- Trisha Stachowski
- Rita Stathopoulos
- Wendy Steele
- Kathy Stephens
- Holly Stone
- Jacqueline Strebe
- Keri Strusz
- Audrey Suker
- Colleen Talbert
- Thrivent Financial
- Laurie Trousil
- UnitedHealth Group
- Debbie Vertelney
- Brooke Vikla
- Juli Wagner
- Carrie Webber
- Amy Wyland
- Amanda Zamilpa



# TOUCHSTONE

mental health

Every effort has been made to ensure the accuracy of this donor listing. If you notice an error or omission, please contact us at [fundraising@touchstonemh.org](mailto:fundraising@touchstonemh.org) or 612-874-6409 so we can make corrections.

## Donate



Platinum  
Transparency  
2026

**Candid.**

**Thank you to all  
staff, donors,  
volunteers,  
community and  
board  
members!**