

April



MOSAIC CSP

2026

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--|--|--|---|--|--|
| | | | 1 11:15-Lunch 12-1- Bingo 1-2:30- Art 2:30-3:30- MusicTherapy | 2 11:15-Lunch 12-1-Peer Support 1-2-Journaling | 3 11:15-Lunch 12-1- Karoke 1-2-Writing Group | 4 |
| 5 | 6 11:15-Lunch 12-1-Stress Management 1-3- Art Therapy | 7 11:15-Lunch 12-1- Member Meeting 1-2-Peer Support | 8 11:15-Lunch 12-1-Art 2:30-3:30- Music Therapy | 9 11:15-Lunch 12-1-Peer Support 1-2- Walking group | 10 11:15-Lunch 12-1- Karoke 1-2- Coffee Outing | 11 11:15-Lunch 12-2- POPCORN & MOVIES |
| 12 | 13 11:15-Lunch 12-1-Stress Management 1-3- Art Therapy | 14 11:15-Lunch 12-1-Peer Support 1-2- Nature Based Therapy | 15 11:15-Lunch 12-1-Art 2:30-3:30- Music Therapy | 16 11:15-Lunch 12-1-Peer Support 1-2-Journaling | 17 11:15-Lunch 12-1- Karoke 1-2-Writing Group | 18 |
| 19 | 20 11:15-Lunch 12-1-Stress Management 1-3- Art Therapy | 21 11:15-Lunch 12-1-Peer Support 1-3-Self-care group | 22 11:15-Lunch 12-1-Art 2:30-3:30- Music Therapy | 23 11:15-Lunch 12-1- Member Led Peer Support Group 1-2-Journaling | 24 11:15-Lunch 12-1-Karoke 1-2- Spring brook Nature Center | 25 |
| 26 | 27 11:15-Lunch 12-1-Stress Management 1-3- Art Therapy | 28 11:15-Lunch 12-1-Peer Support 1-2- Nature Based Therapy | 29 11:15-Lunch 12-2:30-Art 2:30-3:30- Music Therapy | 30 11:15-Lunch 12-1-Peer Support 1-2- Walking group | | |
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| | | | | | 1 11:15-Lunch 12-1-Karoke 1-2-Walking group | 2 |
| 3 | 4 11:15-Lunch 12-1-Stress Management 1-3-Art therapy | 5 11:15-Lunch 12-1- Member Meeting 1-2-Peer Support | 6 11:15-Lunch 12-1- Bingo 1-2:30-Arts & Crafts 2:30- Music Therapy | 7 11:15-Lunch 12-3- Bowling outing | 8 11:15-Lunch 12-1-Karoke 1-2-Journaling | 9 11:15-Lunch 12-2-Open Activity |
| 10 | 11 11:15-Lunch 12-1-Stress Management 1-3-Art therapy | 12 11:15-Lunch 12-1-Self Care Group 1-2- Nature based therapy | 13 11:15-Lunch 12-1-Peer Support 1-2:30- Music Therapy | 14 11:15-Lunch 12-1-Peer Support 1-2-Journaling | 15 11:15-Lunch 12-1-karoke 1-2-Walking group | 16 |
| 17 | 18 11:15-Lunch 12-1-Stress Management 1-3-Art therapy | 19 11:15-Lunch 12-1- Cards and board games 1-2-Walking group | 20 11:15-Lunch 12-2- Color Me mine 2:30-3:30- Music therapy | 21 11:15-Lunch 12-1- Member Led Peer support 1-2-Writing Group | 22 11:15-Lunch 12-3- Movie outing | 23 |
| 24 | 25 11:15-Lunch 12-1-Stress Management 1-2-Art therapy | 26 11:15-Lunch 12-1-Peer Support 1-2- Nature based therapy | 27 11:15-Lunch 12-1-Peer support 1-2:30- Music Therapy | 28 11:15-Lunch 12-1-Peer support 1-2-Journalig | 29 11:15-Lunch 12-1-Karoke 1-2-Journaling | 30 |
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