

February



MOSAIC CSP

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 11:15-Lunch 12-1-Stress Management 1-3-Art therapy	3 11:15-Lunch 12-1- Member Meeting 1-2-Peer Support	4 11:15-Lunch 12-3- Bingo 2:30-3:30-Music Therapy 12:30-2-Rise	5 11:15-Lunch 12-1-Peer support 1-2-Yoga	6 11:15-Lunch 12:30-1:30-Karoke 1:30-3-Writing group	7
8	9 11:15-Lunch 12-1-Stress Management 1-3-Art therapy	10 11:15-Lunch 12-1-Book club 1-2-Peer support	11 11:15-Lunch 12-2:30-Arts&Craft 2:30-3:30-Music Therapy 12:30-2-Rise	12 11:15-Lunch 12-1-Peer support 1-2-Journaling	13 11:15-Lunch 12:30-1:30-Karoke 1:30-3-Writing group	14 11:15-Lunch 12-2-Open activity
15	16 11:15-Lunch 12-1-Stress Management 1-3-Art therapy	17 11:15-Lunch 12-1-Peer support 1-2-Coloring group	18 11:15-Lunch 12-2:30-Arts&Craft 2:30-3:30-Music Therapy 12:30-2-Rise	19 11:15-Lunch 12-1- Member Led Peer Support Group 1-2-Journaling	20 11:15-Lunch 12-1-Karoke 1:30-3-Writing group	21
22	23 11:15-Lunch 12-1-Stress Management 1-3-Art therapy	24 11:15-Lunch 12-1-Peer support 1-2-Coloring group	25 11:15-Lunch 12-2:30-Arts&Craft 2:30-3:30-Music Therapy 12:30-2-Rise	26 11:15-Lunch 12-1-Peer support 1-2-Journaling	27 11:15-Lunch 12-1:30-Game day/Cards 1:30-3:30- Color Me Mine Outing	28

March



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2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 11:15-Lunch 12-1-Stress Management 1-3-Art Therapy	3 11:15-Lunch 12-1-Member Meeting 1-2-Peer Support	4 11:15-Lunch 12-2:30-Bingo 2:30-3:30-Music Therapy	5 11:15-Lunch 12-1-Peer Support 1-2-Journaling	6 11:15-Lunch 12:30-1:30-Karoke 1:30-2:30-Writing Group	7
8	9 11:15-Lunch 12-1-Stress Management 1-3-Art Therapy	10 11:15-Lunch 12-1-Peer Support 1-2-Coloring Group	11 11:15-Lunch 12-2:30-Arts&Crafts 2:30-3:30-Music Therapy 12:30-2-Rise	12 11:15-Lunch 12-1-Peer Support 1-2-Journaling	13 11:15-Lunch 12:30-1:30-Karoke 1:30-2:30-Writing Group	14 11:15-Lunch 12-2-Open activity
15	16 11:15-Lunch 12-1-Stress Management 1-3-Art Therapy	17 11:15-Lunch 12-1-Peer Support 1-3-Ice crème social	18 11:15-Lunch 12-2:30-Art&Crafts 2:30-3:30-Music Therapy	19 11:15-Lunch 12-2:30- Member Led Peer Support 1-2-Journaling	20 11:15-Lunch 12:30-1:30-Karoke 1:30-2:30-Writing Group	21
22	23 11:15-Lunch 12-1-Stress Management 1-3-Art Therapy	24 11:15-Lunch 12-1-Peer Support 1-3-Writing Group	25 11:15-Lunch 12-2:30-Arts&Crafts 2:30-3:30-Music Therapy	26 11:15-Lunch 12-2:30-Peer Support 1-2-Journaling	27 11:15-Lunch 12-2:30-Movie Day! 1:30-2:30-Writing Group	28
29	30 11:15-Lunch 12-1-Stress Management 1-3-Art Therapy	31 11:15-Lunch 12-1-Peer Support 1-3-Writing group				