

January



MOSAIC CSP

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 CLOSED New Years Holiday	2 11:15-Lunch 12-1-Coloring group 1-2-Ice Cream Social	3
4	5 11:15-Lunch 12-1-Stress Management 1-3-Art Therapy	6 11:15-Lunch 12-1- Member Meeting 1-3-Peer Support	7 11:15-Lunch 12-1-Bingo 12:30-2:30-Rise 1-3-Arts & Crafts	8 11:15-Lunch 12-1-Self-care Group 1-3-yoga	9 11:15-Lunch 12-1-Writing Group 1-3-Karoke	10 11:15-Lunch 12-1-Paint on canvas
11	12 11:15-Lunch 12-1-Stress Management 1-3-Art Therapy	13 11:15-Lunch 12-1-Peer Support 1-3-Writing Group	14 11:15-Lunch 12-1-Arts & Crafts 12:30-2:30-Rise 1-Coloring group	15 11:15-Lunch 12-1-Self-care Group 1-3-Chair yoga	16 11:15-Lunch 12-1-Journaling Group	17
18	19 CLOSED Martin Luther King Day	20 11:15-Lunch 12-1-Peer Support 1-3-Writing Group	21 11:15-Lunch 12-1-Arts & Crafts 12:30-2:30-Rise 1-Exercise Group	22 11:15-Lunch 12-1-Self-care Group 1-3-Meditation	23 11:15-Lunch 12-1-Writing Group 1-3-Karoke	24
25	26 11:15-Lunch 12-1-Stress Management 1-3-Art Therapy	27 11:15-Lunch 12-1-Peer Support 1-3-Writing Group	28 11:15-Lunch 12-1-Arts & Crafts 12:30-2:30-Rise 1-Coloring Group	29 11:15-Lunch 12-1-Self-care Group 1-3-Exercise group	30 11:15-Lunch 12-1-Journaling	
31						

December



MOSAIC CSP

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 11:15-Lunch 12-1-Stress Management 1-3-Art Therapy	2 11:15-Lunch 12-1-Member Meeting 1-2-Peer Support	3 11:15-Lunch 12-2-Bingo 12:30-2:30-Rise	4 11:15-Lunch 12-1-Peer support 1-2-Excercise	5 11:15-Lunch 12:30-1:30- Outing: Krispy Kreme	6
7	8 11:15-Lunch 12-1-Stress Management 1-3-Art Therapy	9 11:15-Lunch 12-1-Book Club Kickoff! 1-2-Art&Craft	10 11:15-Lunch 12-1-Arts &Crafts 12:30-2:30-Rise	11 11:15-Lunch 12:1-Peer Support 1-2-Journaling	12 11:15-Lunch 12-1-Movie Day! 1-2-Karoke	13 11:15-Lunch 12-2-Free Day
14	15 11:15—Lunch 12-1-Stress Management 1-3-Art Therapy	16 11:15-Lunch 12-1-Coloring Group 1-2-Peer Support	17 11:15-Lunch 12-1-Arts &Crafts 12:30-2:30-Rise	18 11:15-Lunch 12-1-Peer Support 1-2-Journaling	19 11:15-Lunch 12-4-Holiday Party	20
21	22 11:15-Lunch 12-1-Stress Management 1-3-Art Therapy	23 11:15-Lunch 12-1-Stress Management 1-2-Art&Craft	24 Christmas Eve CLOSED	25 Christmas CLOSED	26 11:15-Lunch 12-1-Game Day/Cards 1-2-Journaling/Writing	27
28	29 11:15-Lunch 12-1-Stress Management 1-3-Art Therapy	30 11:15-Lunch 12-1-Coloring group 1-3-Peer Support	31			