



TOUCHSTONE
mental health



2022

Annual Report

Dear Friends and Supporters,

In 2022, Touchstone Mental Health celebrated its 40th anniversary of providing services that foster hope, health and wellbeing for people living with a mental illness. We were excited to share our new brand with a logo that represents the diversity of people served and our work to guide them on their mental health journey. The vibrant colors and circle represent our community, continuous growth, and program innovations. We also launched a new website that highlights our service areas of Community Mental Health Services, Intensive Residential Treatment, and Community Housing Services.

We held an open house at Two Rivers Residential Treatment after completing building renovations on our new property. Two Rivers offers a healing environment with 16 individual bedrooms, gender neutral bathrooms, natural light, and is fully accessible.

The purchase and renovation of the new space wouldn't have been possible without community support for our capital campaign. We want to recognize the significant funding received from the Bentson Foundation, Otto Bremer Trust, and everyone who donated to our \$40,000 matching grant.

Our staff supported each other through the ongoing challenge of managing COVID outbreaks and restrictions in 2022. Our programs also experienced workforce shortages and difficulties hiring staff for open positions. Despite the challenges, our dedicated staff worked with 1,428 individuals, providing access to safe & affordable housing, as well as supporting their healthcare needs, connecting them with community resources, and promoting improved mental health stability.

Thank you for your support that provides the essential resources to make our work possible.

With gratitude,

Ellie Skelton



Executive Director/CEO

Nikki Hill



Board Chair

“

I'm so fortunate that I found Touchstone. I have my self-confidence back and I'm interested in life again.

- Rich

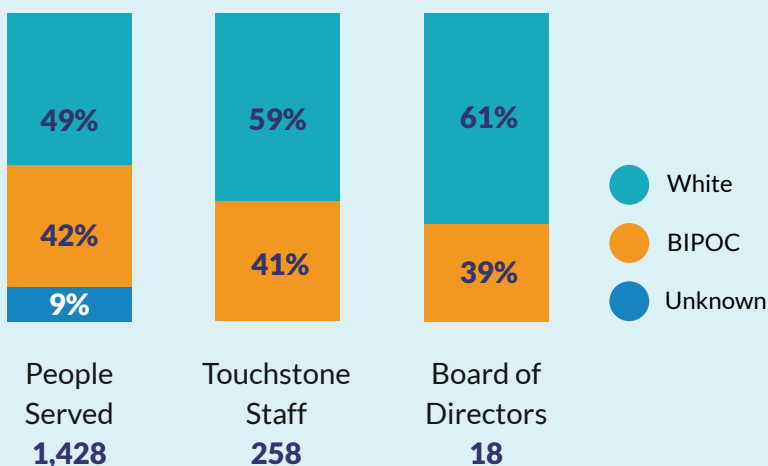


Commitment to Equity

At Touchstone we believe that recovery from mental illness requires a focus on whole-person wellness. We recognize that racism and other forms of oppression impact the lives of the people we serve.

It is why equity and inclusion are central to our mission, to foster hope, health, and wellbeing, for people with a mental illness. Together, we are working to create an environment that welcomes and affirms all people served. We remain committed to an inclusive, accessible, and accepting agency that embraces diverse perspectives and backgrounds. It is our responsibility to work toward systemic justice and provide culturally responsive care, and we have embedded these values in our strategic plan.

Diversity of Staff, Board, & People Served



2022 Information

76%

of BIPOC Individuals in Housing Innovations found and retained their housing for 12 months.

50 of 65 people

85%

of white Individuals in Housing Innovations found and retained their housing for 12 months.

39 of 46 people

68%

of BIPOC individuals served successfully completed Residential Treatment.

59 of 89 people

63%

of white individuals served successfully completed Residential Treatment.

91 of 144 people

520 people new to services

Services are accessible for individuals in our community

35%

BIPOC

50%

White

15%

Unknown



Our Results



79%

Individuals who were unhoused and moved into Minnehaha Commons retained their housing for 12 months.



81%

Individuals in Housing Innovations, who moved into an apartment, retained their housing for 12 months.



83%

Individuals served in Community Mental Health Services did not have a medical or psychiatric hospitalization.



82%

Individuals served in Community Mental Health and Housing Services made progress on at least one goal.



76%

Individuals successfully completed Residential Treatment.

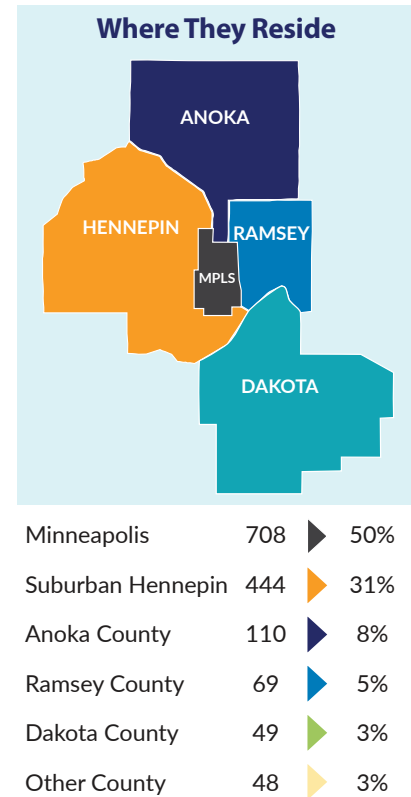
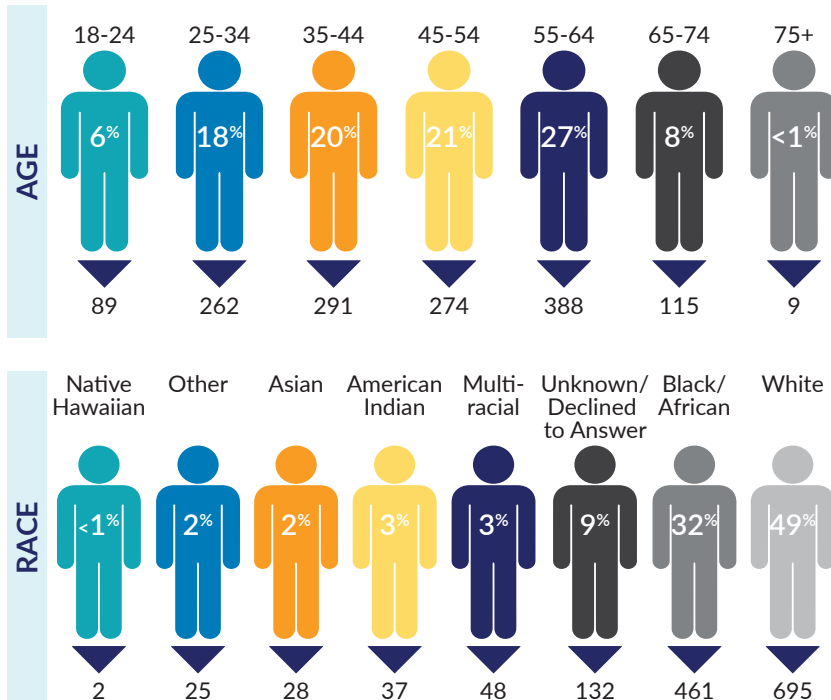


81%

Individuals served throughout the agency reported Touchstone met their needs well.

Who We Serve

Touchstone served 1,428 people in 2022.



99%

people served have an income at or below the Federal Poverty Level of \$13,590 annually.

People Served by Program

Some individuals were involved in more than one program.

970

people served

Community Mental Health Services

- » Targeted Case Management
- » Touchstone Connections (BHH)
- » Care Coordination

266

people served

Community Housing Services

- » Housing Innovations
- » Intentional Communities
- » Rising Cedar Apartments
- » New Hope Apartments
- » Minnehaha Commons

240

people served

Residential Treatment Services

- » Portland Place (Bloomington)
- » Two Rivers (Minneapolis)
- » Lyric Lane (Fridley)

2022 Financial Overview

BALANCE SHEET

Assets	
Current Assets	
Cash and Cash Equivalents	\$2,186,137
Receivables, Net	
Accounts	\$1,898,869
Grants	\$105,617
Promises to Give	\$65,450
Operating Lease - Right of Use - Current	\$366,951
Prepaid Rents	\$17,808
Prepaid Expenses	\$172,083
Total Current Assets	\$4,812,915
Property and Equipment, Net	
	\$3,847,217
Other Assets	
Investments	\$82,569
Promise to Give, Leased Space	\$621,775
Prepaid Rent, Net	\$169,172
Assets Held for Sale	\$1,068,376
Deposits	\$6,366
Operating Lease - Right of Use - LT	\$1,741,283
Total Other Assets	\$3,689,541
Total Assets	\$12,349,673

Liabilities and Net Assets	
Current Liabilities	
Current Maturities of Long-Term Debt	\$67,270
Lease Liabilities, Current Portion	\$366,951
Accounts Payable	\$111,654
Accrued Expenses	\$800,890
Total Current Liabilities	\$1,346,765
Long Term Debt, Less Current Maturities	\$3,346,607
Net Assets	
Board Designated Reserve	\$3,160,550
Without Donor Restriction	\$3,672,310
With Donor Restriction	\$823,441
Total Net Assets	\$7,656,301
Total Liabilities and Net Assets	\$12,349,673

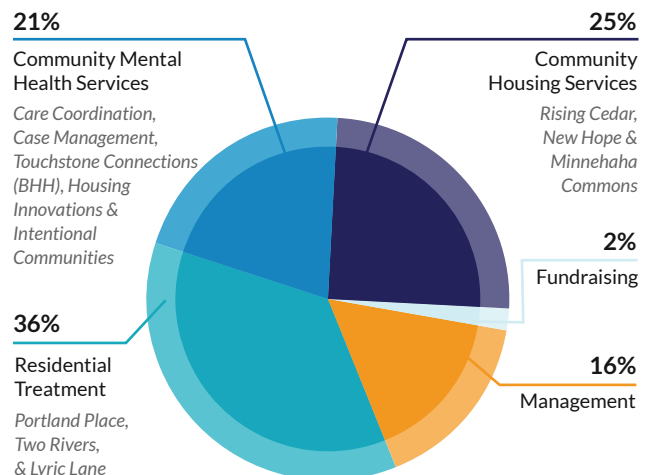
STATEMENT OF ACTIVITIES

Support and Revenue	
Net Program Service Fees	\$14,030,264
Rent and Utilities	\$1,471,253
Investment Income	\$(5,123)
Grants	\$780,827
Contributions	\$154,742
Donated Nonfinancial Assets	\$1,116,156
Other	\$7,201
Total Support and Revenue	\$17,555,320

Expenses	
Program Services	\$13,608,010
Management and General	\$2,681,830
Fundraising	\$274,488
Total Expenses	\$16,564,328

Change in Net Assets	\$990,992
Net Assets, Beginning of Year	\$6,665,309
Net Assets, End of Year	\$7,656,301

EXPENSE BY MAJOR PROGRAM 2022 TOTAL EXPENSES \$16,564,328



Touchstone Donors

January 1, 2022 - December 31, 2022

Thank you for fostering Hope, Health and Wellbeing for people living with a mental illness.

\$1,000+

Anonymous (3)
Matthew and Amy
Anderson Charitable
Fund
Hugh Aylward
Tom Berg
Sarah Brew
Bethany Burzynski
Christine Clifford
Hannah Erdman
Peter Flint and Janice
Symchych
John Fritz
Nikki Hill
Elise Holm
Michael Kelley
Mike LaMarche
Barb McQuillan
Sanchayita Ray
Richter Family
Foundation
Ellie Skelton and Tony
Thomas
Erica Taylor Radtke and
Shane Radtke
The Connelly Family
Charitable Fund
J. Thomas and Janet
Rajala Nelson Fund
of the Saint Paul and
Minnesota Foundation
Mark Vertelney
Maxwell Vincent
Jeremy Ward
The Williams Donor
Advised Fund

\$500 - \$999

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Taylor Ina
Heidi Interdonato
Jeff Jiovanazzo

Harvey Linder
Holly Lund
Kyle Mayberry
Jeanette Rosand
Renee Svoboda
Jonathan Tholen
Chris Tomshine
Kathleen Whiteford
Michelle Wincell
O'Leary
John Zakelj and Bonnie
Watkins

\$150- \$499

Anonymous (2)
Rebecca Bachman
Anne Boone
Peter Boulger
Gena Braaten
Amy Brunet
Andrew Bunge
Lyndsay Capeder
Sarah Chance
Ben Crowe
Mike and Kay Dahlke
Michael Gordon
David Haaland
Michelle and Paul Haik
Zahnia Harut
Scott Harvey
Tony Helmer
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Marlyn and Lorrie
Johnson
Ann Marie Johnson
Denise Jones
Bill Katter
Elizabeth Kinney
Sudhir Kumar
Kris Levac
Katie Lichty
Joane McGraw
David and Kathryn
McGraw-Schuchman
Terrence and Kathryn
Miller

Barbara Milton
Megan Mitzel
Linda Olsen
John and Julie Peterson
Kathie Prieve
Cristen Purdy
Douglas & Rhonda
Quick
Lisa Rolfs
Douglas Sailor
Steve and Rosalyn
Sandilla
Kari Scanlon
Mark Schoening
Justin Schuetz
Karl Sevig
Margaret Skelton
Scott Smith
Carol Sorensen
Rebecca Spartz
Nadeem Srouji
Linda Stenstadvold
Asmah Tareen
Janice Tuel
Chris Westergaard
Deb Zorn

\$1- \$149

Anonymous (25)
Sue Abderholden
Sandra Accola
Jeff Achen
Jamal Adam
Mary Adriaens
Christina Affeldt
Glen and Sandra Albert
Andrea Allred
Jody Amundson
Paul Amundson
Thomas Anderson
Heidi Anderson
Samita Athawale
Peaches Avre
John Bahe
John and Denise Balsley

Gina Becker Zarling
Mallorie Benoit
Dawn Benson
Kathryn Blackshear
Cory Bower
Deb Broberg
Aaron Bryans
Gail Bryant
Eric Bunge
Gail Bunge
Sarah Bunge
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Burzynski
Allie Carlquist
Mark and Tara Carlson
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Dinah Dale
Cheryl Davidson
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Patti DeYoung
Gina DiMaggio
Colleen Dorsey
Julie Doyle
Peter Draper
Gary and Jill Dreher
Dustin Ducklow
Colleen and Darrel
Eisenhardt
Chad Faul
Carla Ferrucci
Darcy Flinn
Taylor Fox
Chuck and Kerry Frid
Allan Fuglie
Jennifer Garber
Elena Geiger-Simpson
Bhargavi Ghatge
Tatiana Glistvain
Joe Green and Trudi
Anderson
Elizabeth Greenbaum
Shelby Grubka
Deborah Gruel

James Gudmonson
Willie Hart
Lilly Hartman
Lydia Hemmer
Andrea Hendel
Jessie Hendel
Gary Heppelmann
Jackie Hlavka
Shana Hoffer
Nancy Hoium
Teresa Hull
Colleen Johnson
Barbara Johnson
Judy Jungwirth
Yumi Kayama
Paul Kennedy
Natalie Kerber
Ann King
Brian Kopp
Tamra Kramer
Mark L.
Elizabeth Lee
Thaddeus Lesiak
Ingelise Leung
Katie Levin
Jaclyn Lilley
Stacy Lind
Evan Loenser
Paula Lunde
James Lyght
Elliot Lyndon Houle
Susan Lyon
Hared Mah
Victoria Malawey
Tuesday Manthei
Sara Martin
George Marx
Michael Mayberry and
Gretchen Kirk
Eric McCabe
Dan McCarvel
Darin McDonald
William McGee
Michele McGee
Shanna McIntosh

David Miller
Sally Ming
Dion Muchow
Katie Muehlen
Christine Murdock
Christi Newell
Helen Nikiel
Karen Nikolai
David Notar
Lorrie Oelkers Ghose
Bruce O'Leary
Lisa Olson
Tyler Parette
Tina Pfau Gonzales
Karen Phung
Lynn Piasecki
Steve Pieper
Katherine Pollock
Renaë Porath
Landon Quandt
Brandon Raaf
Terese Radford
Richard Radley
Helen Raleigh
Cindy Ramler
Ellen Reller
Heidi Rich
Teri Rooney
Cathy Rucci
Christopher Sanstead
Mark Sanstead
Joel Sass
Duane Sather
Aaron Schmidt
Julie Schreifels
Jean Schroeder
Chris Schwede
Charles Segelbaum
Mary Setter
Ronald Shelby
Abby Shulz
Judith Silva
Jennifer Silva
Davis Silver
Lowell and Kathy Skelton
Sandra Smith
Sara Smith
Samantha Sorensen
Benjamin Stevens
Colleen Talbert
Rachel Thaney

Brantingham
Hong Fa Thao
Khu Thao
Gabby Thorsen
Quinn Tierney
Lyly Tran
Debbie Vertelney
Barbara Wagenaar
William Wardwell
Catherine Wassberg
Avery Winter
Peter Wohler
Jackie Woller
Amy Wyland and Erik Englund
Pang Xiong
Belinda Xiong
Ahmed Yusuf
Caitlin Zebley
Cathy Zemmels

In Honor

All the hardworking staff at Touchstone
Anonymous

Anastasia Beaverhausen
Anonymous

Kristin Bunge
Andrew Bunge
Eric Bunge
Lindsay Decker

Bethany Burzynski
Peter Wohler

Lyndsay Capeder
Michael Gordon
Lydia Hemmer

Kathy Cashin
Nancy Hoiium

Past and current IRTS residents
Anonymous

Sara Loenser
Evan Loenser

My son Logan
Christi Newell

James and Phyllis O'Halloran

Anonymous
Kathie Prieve
Helen Raleigh
John T. and Martha R. Richter
Richter Family Fund

Ellie Skelton
Cathy Rucci
Jennifer Silva

Tristan
Rachel Thaney
Brantingham

Dorothy Thomas
Sarah Chance

Those who suffer from mental illness.
Anonymous

Steven C. Wilson
Sandra Smith

In Memory

John Avre
Peaches Avre

Joyce Bahe
John Bahe

Steve Beilke
Karl Sevig

Camille Berns
Terese Radford

Michael Brew
Sarah Brew

Dixie Bour
Judith Silva

Steven Burzynski
David and Leia Burzynski

Ram Das
Sudhir Kumar

Mary Dawidoff
Deb Hesli

Michael G. Kelley
Cheryl Davidson
Teri Rooney
Linda Stenstadvold

AnnaMarie Leung
Ingelise Leung

Jean Ann Manuel-Denis
Vanessa Decourcy

Catherine Mayberry
Laura Cook via Hillspire LLC
Jeff Jiovanazzo
Kyle Mayberry
Michael Mayberry and Gretchen Kirk
Douglas & Rhonda Quick
Barbara Wagenaar

Michael Miller
Kathie Prieve

Cynthia Rigg
David Miller

Ron Strong
Ronald Shelby

Amy Park Williams
The Williams Donor
Advised Fund

In-Kind Donations

Alliance Housing
Jeff Achen
Eileen Baker
D'Amico Catering
Chandra Daher
Greater Twin Cities
United Way 2022 Action
Day Donors
HandsOn Twin Cities
Hats & Mittens
Brooke Hofstedt
Robin Knight
Minnesota State Fair
Myslajack Kemp & Spencer, Ltd.
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Heidi Rich
Lisa Rolfs
St. Joseph the Worker Catholic Church
Steve Rummmler HOPE Network
Ana Teiwaz
The 30-Days Foundation
Emily Thompson

Joan Weidling
Joan Wigginton

Foundations, Corporations and Civic Groups **\$1 - \$19,000**

AgriBank FCB
AmazonSmile
Best Buy
Bright Funds Donation
Cabanban Rubin & Mayberry Commercial Realty
Creating Healthier Communities (CHC)
Four Paws Inc
HandsOn Twin Cities
Hillspire LLC
Indeed Brewing Company
Liberty Diversified International, Inc.
Marsh & McLennan Agency
Minnesota Brewery Running Series
MN Department of Health
NorthRock Partners
Parenteau Graves
Piper Sandler Companies
Pohlad Family Foundation
Polaris
Rich Basic LLC
Truist
United Way WI
UnitedHealth Group
UrbanWorks Architecture
US Bank
VMware Foundation

\$20,000 - \$49,000

Engler Foundation
Greater Twin Cities
United Way
MN DHS Disability Services Division
Saks Fifth Avenue Foundation
Stevens Square Foundation

\$50,000 - \$99,000

EA Michelsen
Foundation
Medica Foundation
Otto Bremer Trust

\$100,000 and over

Benston Foundation
City of Minneapolis,
Health and Community
Services
Trellis

Building Donation

In Memory of Catherine Mayberry

TOLD Development
Company
Trent and Jane
Mayberry
Gary and Jill Dreher

Inspire Event Sponsors

Diamond Sponsors

Bridgewater Bank
Choice Bank
US Bank

Platinum Sponsors

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SUCCESS Computer
Consulting

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West Title

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AON
Blackbird Personnel
Business Essentials
Credible
D'Amico
Genoa Healthcare
MB Billing
Property Solutions &
Services, Inc
Sunrise Wellness
Taft Law
Touchstone Leadership

*Please excuse any
omissions or inaccuracies.
For corrections, please
contact Development at
(612) 767-3881.



“

I found hope through
Touchstone that led to
an apartment, friends,
and a community.

- Marlene



Our Agency

Board Members Serving in 2022

Jamal Adam
Rebecca Bachman
Gena Braaten
Bethany Burzynski
Lyndsey Capeder
Christine Clifford
Dinah Dale
John Fritz
Nikki Hill
Ann Marie Johnson
AnTonia Johnson
Sudhir Kumar
Harvey Linder
Sanchayita Ray
Liina Roth
David Schuchman
Pia Teabout
Ben Weisbuch

Our Leadership

Ellie Skelton, *Executive
Director/ CEO*

Chris Tomshine, *Chief
Financial Officer*

Kari Scanlon, *Vice President
of Human Resources*

Chris Westergaard,
*Vice President of Clinical
Services*

Michelle Wincell O'Leary,
*Vice President of Community
Housing Services*

Interns & Volunteers

Sadiya Abdullahi

Caryl Anderson

Rhett

Christensen

Maddie Eckl

Heather
Ferguson

Michael Fernald

Parren
Flemming

Susan Goll

Kymmi Hatlestad

Samuel Head

Leslie
Ikponmwosa

Kelly Laurie

Michael Long

Sophia
Meierding

George Moijueh

NorthRock
Partners

Katie Pendleton

Hannah Peterson

Barbara Porwit

Carly Ryan

Gage Ryder

Alisa Sengdara

Tori Showalter

April Smith

Clare Stadelman

Alix Stalmakov

Michael Tuah

Gao Houa Vu

Allison Wuscher

“

I love working at Touchstone.
I go home knowing I made a
difference for someone.

- Autumn



Touchstone Programs



Community Mental Health Services

Community Mental Health Services help people have the resources and services they need to improve their mental health stability, self-sufficiency, and support their health and wellness. Our services are provided in an individual's home or in the community. Touchstone Connections and Targeted Case Management helps people develop a person-centered plan, navigates the healthcare system and connects them with providers, and have the resources they need to meet their goals.

Intensive Residential Treatment Services

Residential Treatment offers 24-hour mental health services in a structured, supportive environment designed to improve mental health stability, increase personal and emotional skills, self-sufficiency, and independence. Services are available in three locations.



Community Housing Services

At Touchstone, we believe that everyone should have safe, affordable housing in the community of their choice. We offer programs that help people find housing and provide ongoing support so they can keep their housing. We also offer supportive housing with 24-hour onsite services in three locations.



12
programs



7
locations



4
counties