



2021

Annual Report

TOUCHSTONE
MENTAL HEALTH

Dear Friends and Supporters,

In 2021, Touchstone Mental Health deepened our work of providing person-centered services that foster hope, health, and well-being. This was possible, because our dedicated and resilient staff navigated the challenges of managing COVID outbreaks and workforce shortages. Despite these challenges, we provided housing, mental health treatment and community mental health services for 1,552 people.

We also continued our emphasis on reducing disparities and commitment to diversity, equity and inclusion (DEI) at Touchstone. In the past year, we supported the activities of our staff led DEI committee, added employee affinity groups, and held agency wide training on race, racism and structural oppression.

Our Tobacco Free at Touchstone committee is progressing towards our goal of assisting our employees, clients, and visitors to live lives free of commercial tobacco use and exposure. This is consistent with our goal to support the health and safety of the communities we serve.

We were thrilled to find a new property for our Minneapolis Residential Program, after renting their present space for 30 years. Foundations, donors, and businesses generously supported our capital campaign to purchase and renovate the building. The new location, Two Rivers, offers a healing environment with 16 individual bedrooms, natural light, and is fully accessible.

We envision a world where people affected by a mental illness will flourish. We are grateful for our donors, partners, and supporters in helping to reach our vision.

With gratitude,
Ellie Skelton



CEO/Executive Director

Bethany Burzynski



Board Chair



"Touchstone was my saving grace."
- Toni

Commitment to Equity

Touchstone is committed to helping people recover from mental illness and develop the skills they need to live well in their communities. We recognize racism, bias, and discrimination lead to disparities in care that adversely affect physical and mental health outcomes. We are actively working to identify and dismantle bias in the mental health system and moving toward a future that is equitable and safe for everyone.

We are in the process of reviewing our program evaluation and demographics so we can analyze racial disparities and adjust program goals to meet the changing needs of the communities we serve. We are also reporting on diversity of our staff and Board of Directors.

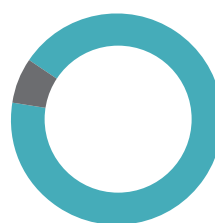
2021 Information



60 of 73 people

82%

of BIPOC Individuals in Housing Innovations found and retained their housing for 12 months.



44 of 46 people

96%

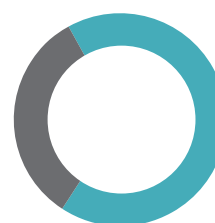
of white Individuals in Housing Innovations found and retained their housing for 12 months.



48 of 96 people

50%

of BIPOC individuals served successfully completed Residential Treatment.



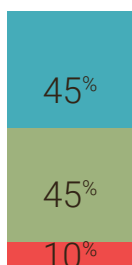
73 of 122 people

60%

of white individuals served successfully completed Residential Treatment.

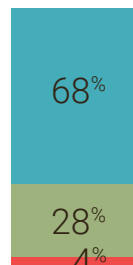
Diversity of Staff, Board and People Served

People Served
1,552



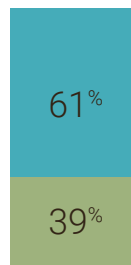
White

Touchstone Staff
258



BIPOC

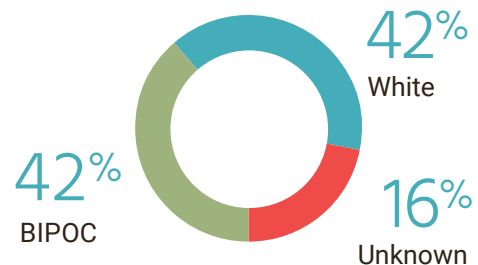
Board of Directors
18



Unknown

Touchstone had

689 people new to services.



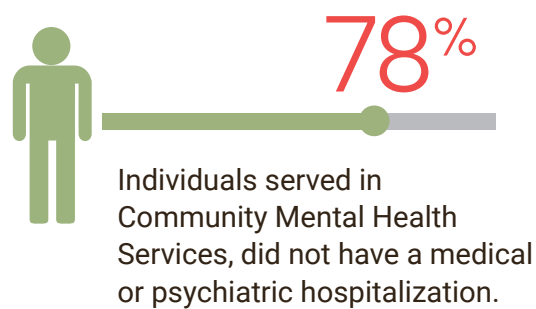
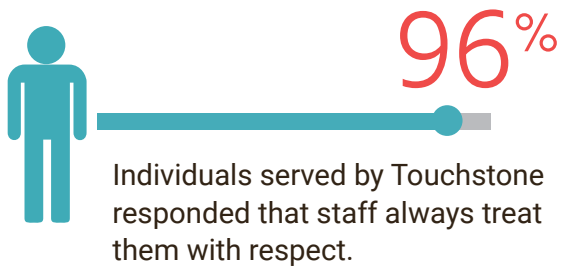
Services are accessible for individuals in our community.

"My Touchstone staff has been great. She helps me manage the ups and downs in my life."

- James

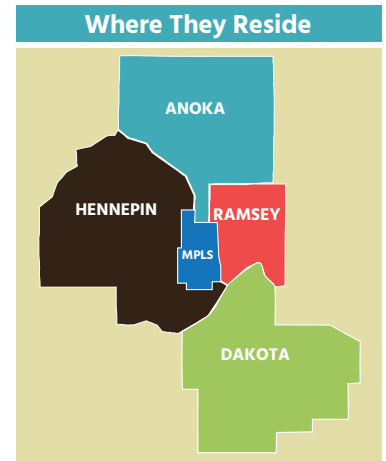
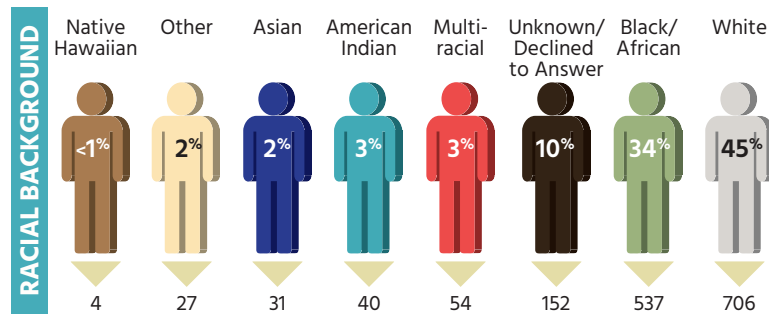
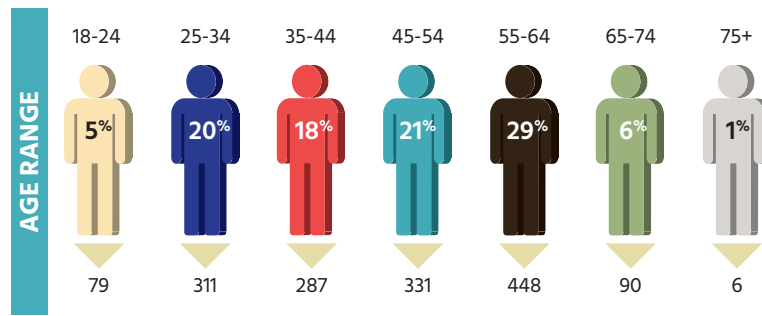


Our Results



Who We Serve

Touchstone served 1,552 people in 2021.



Minneapolis	813	53%
Suburban Hennepin	500	32%
Anoka County	108	7%
Ramsey County	69	4%
Dakota County	40	3%
Other County	15	1%

INCOME LEVEL

100% of people served have an income at or below the Federal Poverty Level of \$12,880 annually.

\$12,880

100%

People Served by Program



1,089
people served

Community Mental Health Services

Targeted Case Management
Care Coordination
Behavioral Health Home



296
people served

Community Housing Services

Housing Innovations
Intentional Communities
Rising Cedar Apartments
New Hope Apartments
Minnehaha Commons



251
people served

Residential Treatment Services

Portland Place (Bloomington)
Two Rivers (Minneapolis)
Lyric Lane (Fridley)

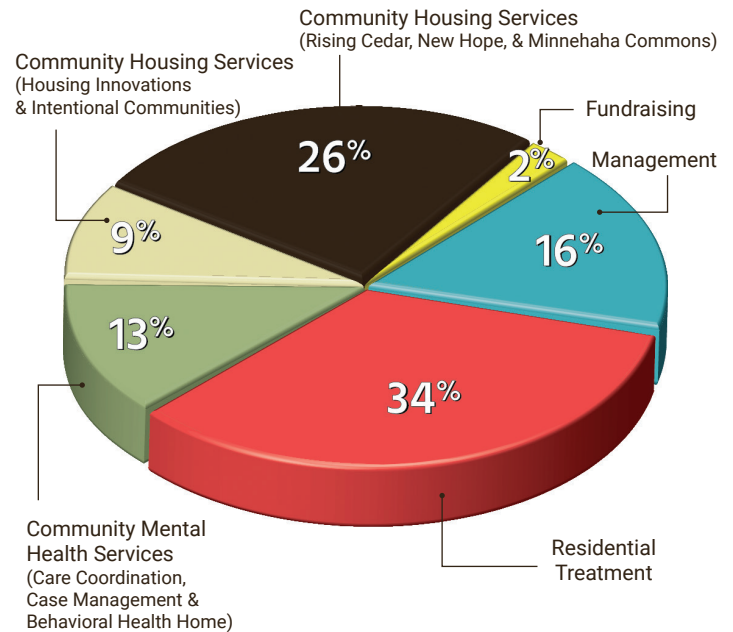
Some individuals were involved in more than one program.

Touchstone Mental Health 2021 Financial Overview

BALANCE SHEET

Assets	
Current Assets	
Cash and Cash Equivalents	\$ 2,404,126
Receivables, Net	
Accounts	\$ 2,072,205
Grants	\$ 158,057
Promises to Give	\$ 71,767
Prepaid Expenses	\$ 189,273
Total Current Assets	\$ 4,895,428
Property and Equipment, Net	\$ 2,603,292
Other Assets	
Investments	\$ 96,751
Promise to Give, Leased Space	\$ 687,225
Prepaid Rent, Net	\$ 186,980
Deposits	\$ 6,366
Total Other Assets	\$ 977,322
Total Assets	\$ 8,476,042

Liabilities and Net Assets	
Current Liabilities	
Current Maturities of Long-Term Debt	\$ 11,821
Accounts Payable	\$ 101,168
Accrued Expenses	\$ 1,674,597
Total Current Liabilities	\$ 1,787,586
Long Term Debt, Less Current Maturities	\$ 23,147
Net Assets	
Board Designated Reserve	\$ 2,610,000
Without Donor Restriction	\$ 3,038,426
With Donor Restriction	\$ 1,016,883
Total Net Assets	\$ 6,665,309
Total Liabilities and Net Assets	\$ 8,476,042



EXPENSE BY MAJOR PROGRAM 2021
TOTAL EXPENSES \$15,377,339

STATEMENT OF ACTIVITIES

Support and Revenue	
Net Program Service Fees	\$ 13,318,551
Rent and Utilities	\$ 1,214,188
Investment Income	\$ 5,627
Grants	\$ 595,790
COVID Relief Grants & Credits	\$ 21,988
Contributions	\$ 264,124
Other	\$ 12,811
Total Support and Revenue	\$ 15,433,079

Expenses	
Program Services	\$ 12,666,299
Management and General	\$ 2,463,573
Fundraising	\$ 247,467
Total Expenses	\$ 15,377,339

Change in Net Assets	\$ 55,740
Net Assets, Beginning of Year	\$ 6,609,569
Net Assets, End of Year	\$ 6,665,309



Touchstone Donors | January 1, 2021 - December 31, 2021

Thank you for fostering Hope, Health and Well-being for people living with a mental illness.

\$1,000+

Anonymous (3)
Tom Berg
Thomas Brown
Bethany Burzynski
Christine Clifford
Michael and Leslie Connelly
John Fritz
Donna Langer-Hansen and Dick Hansen
The Hoerger Family Philanthropy Fund
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Nelson Fund of the Saint Paul and Minnesota Foundation
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Mary and Ken Sutherland
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Mary Zbikowski

\$500 - \$999

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\$150- \$499

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Justin Schuetz
Logan Schlosser
Luke Schlosser
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\$1- \$149

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Heidi Anderson
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Taylor Wald
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Erik Zieske
Deb Zorn

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Abdiweli Ali
Hared Mah

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Catherine Anderson

Diane Berthel

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Carol Stoddart

Scott Blickenstaff

Richard Otto

James Bradford II

James Bradford III

Kathy Cashin

Mary and Ken Sutherland

Christine Clifford

John Polley

My Daughter

Jackie Berry

Nirmala Devi

Sudhir Kumar

George Georgalis

Cheryl Brown

Nikki Hill

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Nicole Fitzmeyer
Peter Mellor

Jacob and Marit

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William and Mari Marrinan

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Hannah Schultz

Sara Mohn and Bill Schultz

John Sherman

Regina Barr

Ellie Skelton

Sue Abderholden

Kasey Skistad

Char Hovi

My Son

Christi Newell

Those Who Serve the Community

Anelise Sawkins

In Memory

Rose Bradford

James Bradford III

Jerome Ebertowski

Tallulah Johnson

Nancy Fisher

Anonymous

Daniel Gower

John Gower

Gloria Livingston

Anonymous

Jean Ann Manuel-Denis

Anonymous
Johanna Kichaven

Michael Miller

Kathie Prieve

Cynthia Riggs

David Miller

Virginia (Ginger) Schwabe

Diane Schwabe

Ron Strong

Ronald Shelby

Maura Sullivan

Jean Quam

Ken Swanson

Emily Liddicoat

Ricky Weiss

Lian Hortensius

Paul Wilson

Anonymous

In-Kind Donations

Anonymous (1)
3M employees
Alissa Chiat
Alliance Housing
Amanda Kelly
Andrea Lawson
Anna Turk
Beth Bjerke
Bill King
Cedar Thomas
Chawnith Davis
CVS Pharmacy
Dani Cloutier
Deborah Gruel
Diane Berthel
Elena Moeller (Degreed)
Graduate Hotel Minneapolis
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The 30-Days Foundation
The Center of Movement
Tracy Koski

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Greater Twin Cities United Way
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Mystic Lake Casino Hotel
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D'Amico Catering
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Hanover Insurance
Property Solutions & Services, Inc
SFM Mutual Insurance
Touchstone Leaders
West Title

*Please excuse any omissions or
inaccuracies. For corrections, please
contact Development at (612) 767-3881.



Our Agency

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Nikki Hill,
Vice Chair

John Fritz,
Treasurer

David McGraw Schuchman,
Secretary

Jamal Adam

Rebecca Bachman

Gena Braaten

Lyndsay Capeder

Christine Clifford

Dinah Dale

AnTonia Johnson

Ann Marie Johnson

Harvey Linder

Sanchayita Ray

Liina Roth

Pia Teabout

Ben Weisbuch

Touchstone Leadership

Ellie Skelton,
Executive Director/ CEO

Chris Tomshine,
Chief Financial Officer

Kari Scanlon,
Vice President of Human Resources

Michelle Wincell O'Leary,
Vice President of Community Housing Services

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Jenna Anderson
Alissa Chiat
Kendrick Cronin
Molly Drazan
Andrea Easton
Elaine Ellefson

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Gage Ryder
Lindsey Samuelson

Samantha Schenk
Alexa Seifert
April Smith
Alix Stalmakov
Alice Washington
Emma Weinstein-Levy
Samantha Zgutowicz

241 
Staff Positions

12 
Programs

7 
Locations

4 
Counties



Our Programs

Touchstone Mental Health assists individuals in their mental health recovery. Our services help people learn about their illness, improves their ability to manage their lives and reach their goals.

Behavioral Health Home and Care Coordination

Behavioral Health Home and Care Coordination are community programs which help individuals find community resources and coordinate physical and mental health care. Our staff work with individuals to create a plan that meets individual needs and preferences.

Case Management

Case Management connects people to medical, mental health, housing, financial, vocational, social and other necessary resources to meet their mental health needs and support their independence.

Housing Innovations

Housing Innovations helps people find and move into community housing and offers ongoing support to help people keep their housing. Household management, independent living supports, wellness education, social activities, and other home supports are available for people who are approved for waiver services.

Residential Treatment

Short-term residential treatment is designed to improve mental health stability, personal and emotional adjustment, self-sufficiency and community independence. Services are offered at Portland Place in Bloomington, Two Rivers in Minneapolis, and Lyric Lane in Fridley.

Intentional Communities

The Intentional Communities program provides in-home services to build social, community and housing management skills. Program members meet weekly as a "community" of peers who support each other in their mental health recovery.

Minnehaha Commons

Minnehaha Commons provides permanent housing for people ages 55 and older who have experienced homelessness. Touchstone offers 24-hour onsite services that includes counseling, nursing, housekeeping, service coordination, meal planning and prep, transportation assistance, tenancy supports, social activities, and linkages to community services. Minnehaha Commons is located in the Minneapolis Longfellow neighborhood.

Rising Cedar and New Hope Apartments

Rising Cedar and New Hope Apartments provides permanent housing with 24-hour on-site services that includes counseling, nursing, meals, housekeeping, social activities, service coordination, and linkages to community resources. Apartments are located in the Minneapolis Seward neighborhood and New Hope.

Fitness Center

The Fitness Center offers a variety of machines, weights, personalized fitness training, groups, and individual memberships. The Fitness Center is open to anyone in the community.