



2020

Annual Report

TOUCHSTONE
MENTAL HEALTH

Dear Friends and Supporters,

In 2020 we faced many difficulties, but we were able to continue our mission to provide person-centered services that foster hope, health and well-being. We navigated and sustained our work through a global pandemic, the murder of George Floyd in our community, peaceful protests, civil unrest, and the public recognition of racism as a health crisis, and through it all we were able to support 1,520 people in their mental health recovery.

The pandemic challenged our staff and operations as we adjusted to new procedures, restrictions, wearing PPE, and downsizing some programs to keep people healthy. We were able to keep all our programs operating during the pandemic, thanks to a CARES Payroll Protection Program forgivable loan.

We were impressed with our adaptable and resilient leaders and staff, who worked throughout the pandemic in our six 24/7 programs and others who quickly pivoted to providing mental health and housing services through telehealth. Our programs held activities and groups outside during the summer and fall, and our partners provided music and art therapy virtually.

We were moved by the support and generosity of our donors, supporters, partners, and community throughout the year. Thank you for being part of our team in meeting the needs of people living with a mental illness.

With your help and support, we look to a brighter 2021.

With gratitude,
Ellie Skelton



CEO/Executive Director

Bethany Burzynski



Board Chair



"Touchstone staff are wonderful – they are like family to me.

I love my new life."

Donna

Our Commitment to Equity

Touchstone is committed to helping people recover from mental illness and develop the skills they need to live well in their communities. We recognize racism, bias, and discrimination lead to disparities in care that adversely affect physical and mental health care outcomes. We are actively working to identify and dismantle bias in the mental health system and moving toward a future that is equitable and safe for everyone.

As a first step, we are in the process of reviewing our program evaluation and demographics so we can analyze race disparities and adjust program goals to meet the changing needs of the communities we serve. We are also reporting on diversity of our staff and Board of Directors.

2020 Information



41 of 47 people

87%

of BIPOC Individuals in Housing Innovations found and retained their housing for 12 months.



25 of 27 people

92%

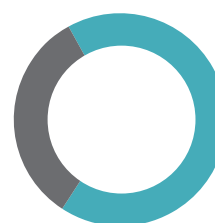
of white Individuals in Housing Innovations found and retained their housing for 12 months.



46 of 81 people

57%

of BIPOC individuals served successfully completed Residential Treatment.



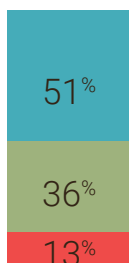
91 of 135 people

67%

of white individuals served successfully completed Residential Treatment.

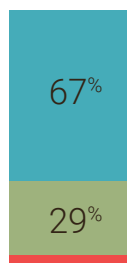
Diversity of Staff, Board and People Served

People Served
1,520



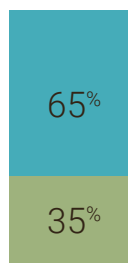
White

Touchstone Staff
319



BIPOC

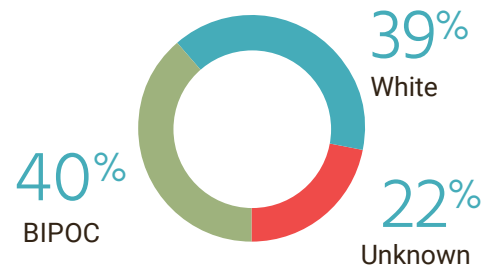
Board of Directors
18



Unknown

Touchstone had

688 people new to services.

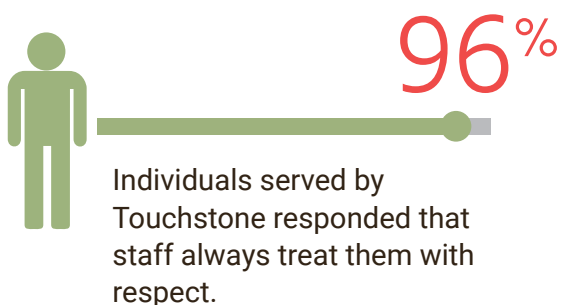
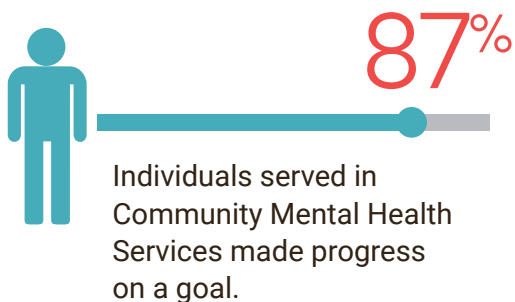


Services are accessible for individuals in our community.

"I appreciate my apartment,
Touchstone staff and services.
Minnehaha Commons is
a great place to live."
Ken

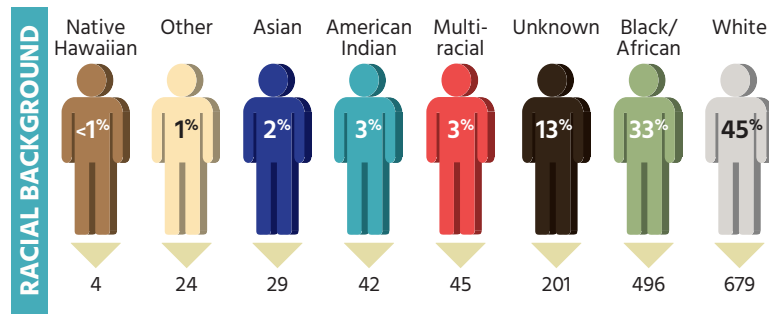
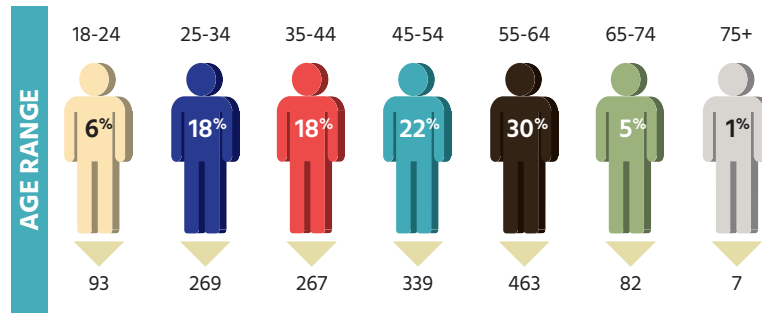


Our Results

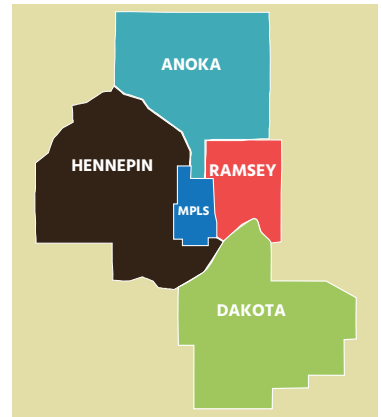


Who We Serve

Touchstone served 1,520 people in 2020.



Where They Receive Services



Minneapolis	813	53%
Suburban Hennepin	455	30%
Anoka County	78	5%
Ramsey County	61	4%
Dakota County	35	3%
Other County	78	5%

INCOME LEVEL

100% of people served have an income at or below the Federal Poverty Level of \$12,760 annually.

\$12,760

100%

People Served by Program



1,110
people served

Community Mental Health Services

Intensive and Targeted Case Management
Care Coordination
Behavioral Health Home



290
people served

Community Housing Services

Housing Innovations
Intentional Communities
Rising Cedar Apartments
New Hope Apartments
Minnehaha Commons



231
people served

Residential Treatment Services

Portland Place (Bloomington)
Residential Treatment Minneapolis
Lyric Lane (Fridley)

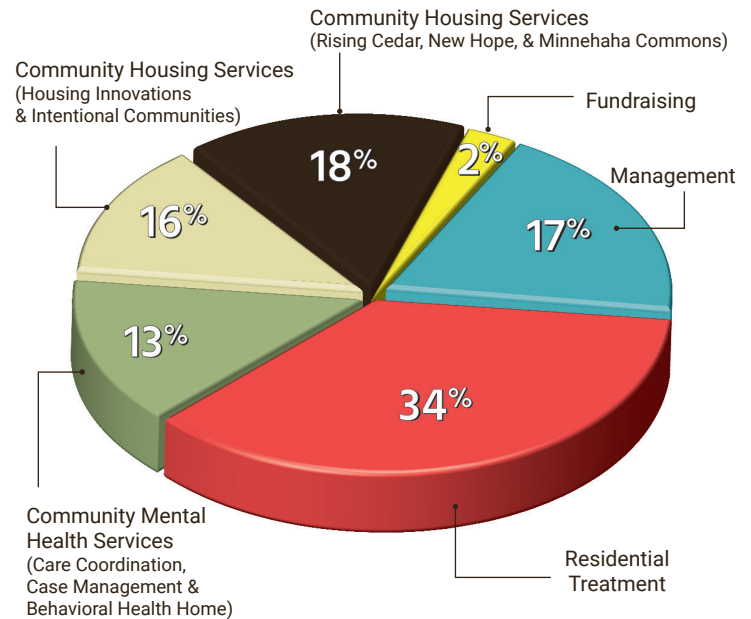
Some individuals were involved in more than one program.

Touchstone Mental Health 2020 Financial Overview

BALANCE SHEET

Assets	
Current Assets	
Cash and Cash Equivalents	\$ 3,708,942
Receivables, Net	
Accounts	\$ 1,468,127
Grants	\$ 107,662
Promises to Give	\$ 65,450
Prepaid Expenses	\$ 175,586
Total Current Assets	\$ 5,525,727
Property and Equipment, Net	\$ 1,435,559
Other Assets	
Endowment Investments	\$ 97,332
Promise to Give, Leased Space	\$ 752,675
Prepaid Rent, Net	\$ 204,788
Deposits	\$ 6,366
Total Other Assets	\$ 1,061,161
Total Assets	\$ 8,022,447

Liabilities and Net Assets	
Current Liabilities	
Current Maturities of Long-Term Debt	\$ 11,270
Accounts Payable	\$ 83,054
Accrued Expenses	\$ 1,283,536
Total Current Liabilities	\$ 1,377,860
Long Term Debt, Less Current Maturities	\$ 35,018
Net Assets	
Board Designated Reserve	\$ 2,610,000
Without Donor Restriction	\$ 3,017,346
With Donor Restriction	\$ 982,223
Total Net Assets	\$ 6,609,569
Total Liabilities and Net Assets	\$ 8,022,447



EXPENSE BY MAJOR PROGRAM 2020
TOTAL EXPENSES \$15,911,318

STATEMENT OF ACTIVITIES

Support and Revenue	
Net Program Service Fees	\$ 12,766,206
Rent and Utilities	\$ 909,849
Investment Income	\$ 9,132
Grants	\$ 548,711
COVID Relief Grants & Credits	\$ 2,175,464
Contributions	\$ 301,639
Other	\$ 143,202
Total Support and Revenue	\$ 16,854,203

Expenses	
Program Services	\$ 12,982,165
Management and General	\$ 2,661,264
Fundraising	\$ 267,889
Total Expenses	\$ 15,911,318

Change in Net Assets	\$ 942,885
Net Assets, Beginning of Year	\$ 5,666,684
Net Assets, End of Year	\$ 6,609,569



Touchstone Donors | January 1, 2020 - December 31, 2020

Thank you for fostering Hope, Health and Well-being for people living with a mental illness.

\$1,000+

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Tom Berg
Bethany Burzynski
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\$150- \$499

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Touchstone Leadership

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Our Agency

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Erica Taylor Radtke, Past Board Chair	Gena Braaten	Sanchayita Ray
	Lyndsay Capeder	Liina Roth
	Christine Clifford	Pia Teabout
	AnTonia Johnson	Ben Weisbuch

Touchstone Leadership

Ellie Skelton, Executive Director/ CEO	Khu Thao, Vice President of Community Mental Health Services
Chris Tomshine, Chief Financial Officer	Michelle Wincell O'Leary, Vice President of Community Housing Services

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Molly Drazen	Liberty Diversified International	Lynn Schoolmeester	
Kathleen Feyma	Mary McTie	Christina Severson	



238
Staff Positions



12
Programs



7
Locations



4
Counties



Our Programs

Touchstone Mental Health assists individuals in their mental health recovery. Our services help people learn about their illness, improves their ability to manage their lives and reach their goals.

Behavioral Health Home and Care Coordination

Behavioral Health Home and Care Coordination are community programs which help individuals find community resources and coordinate physical and mental health care. Our staff work with individuals to create a plan that meets individual needs and preferences.

Case Management

Case Management connects people to medical, mental health, housing, financial, vocational, social and other necessary resources to meet their mental health needs and support their independence.

Housing Innovations

Housing Innovations helps people find and move into community housing and offers ongoing support to help people keep their housing. Household management, independent living supports, wellness education, social activities, and other home supports are available for people who are approved for waiver services.

Residential Treatment

Short-term residential treatment is designed to improve mental health stability, personal and emotional adjustment, self-sufficiency and community independence. Services are offered at Portland Place in Bloomington, Minneapolis, and Lyric Lane in Fridley.

Intentional Communities

The Intentional Communities program provides in-home services to build social, community and housing management skills. Program members meet weekly as a "community" of peers who support each other in their mental health recovery.

Minnehaha Commons

Minnehaha Commons provides permanent housing for people ages 55 and older who have experienced homelessness. Touchstone offers 24-hour onsite services that includes counseling, nursing, housekeeping, service coordination, meal planning and prep, transportation assistance, tenancy supports, social activities, and linkages to community services. Minnehaha Commons is located in the Minneapolis Longfellow neighborhood.

Rising Cedar and New Hope Apartments

Rising Cedar and New Hope Apartments provides permanent housing with 24-hour on-site services that includes counseling, nursing, meals, housekeeping, social activities, service coordination, and linkages to community resources. Apartments are located in the Minneapolis Seward neighborhood and New Hope.

Fitness Center

The Fitness Center offers a variety of machines, weights, personalized fitness training, individual and group memberships. The Fitness Center is open to anyone in the community.