



2019

Annual Report

TOUCHSTONE
MENTAL HEALTH

Touchstone Mental Health

Our Mission

Touchstone Mental Health provides innovative, person-centered services that foster hope, health and well-being.

Our Vision

All people whose lives are affected by mental illness flourish with access to effective treatment, quality housing, supportive services, and communities that are inclusive and welcoming.

Our Values

- » Dignity and respect are cornerstones of all our interactions.
- » Diversity, equity and inclusion create a welcoming culture that reflects compassion and embraces differences.
- » Innovation, excellence and collaboration in our work helps us set the standard for mental health services and assure safe and affordable housing for the people we serve.
- » Person-centered approaches ensure that all people have the right to make informed choices about their lives.

Our Commitment to Equity and Inclusion

Touchstone Mental Health is committed to an environment that recognizes, welcomes, and affirms all identities by raising awareness, engaging in efforts to overcome oppression, and fostering a culture of equity and inclusion.

Dear Friends and Supporters,

In 2019, Touchstone Mental Health provided an array of community mental health services, residential treatment, and community housing services, serving 1,684 people. We have several programs dedicated to finding and keeping people in housing, and we recognize housing stability is essential for mental health recovery for everyone we serve. Our leadership embraces the critical need for mental health services and housing as key to an individual's overall health.

Touchstone also developed new partnerships and services in the past year. One of the greatest needs identified by our community is the increase of older people who become homeless. In response, Touchstone partnered with Alliance Housing, Hennepin County, and MN Department of Veterans Affairs to assist people ages 55 and older, to have a home, rent assistance and onsite services at Minnehaha Commons. The program opened last fall providing a home and onsite supports for 44 individuals who experienced homelessness. We also partnered with Dakota County to provide Targeted Case Management for people who need additional supports.

Everyone at Touchstone works to make a difference in people's lives by providing person centered services that meet their needs. We were honored to receive the Mental Health Program of the Year Award from the NAMI Minnesota in October 2019.

As we look back to 2019, we see our growth and successes would not be possible without our supporters, donors, funders, and partners.

Thank you for all you have done to support our mission – we look forward to an exciting 2020.

Ellie Skelton



CEO/Executive Director

Erica Taylor Radtke



Board Chair



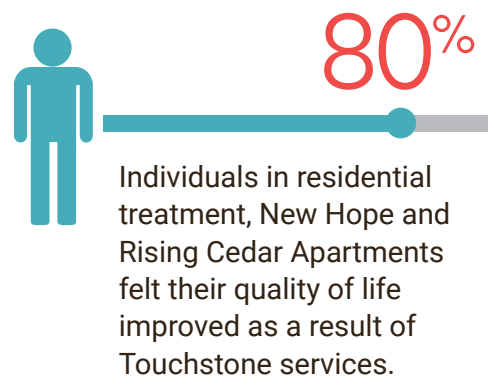
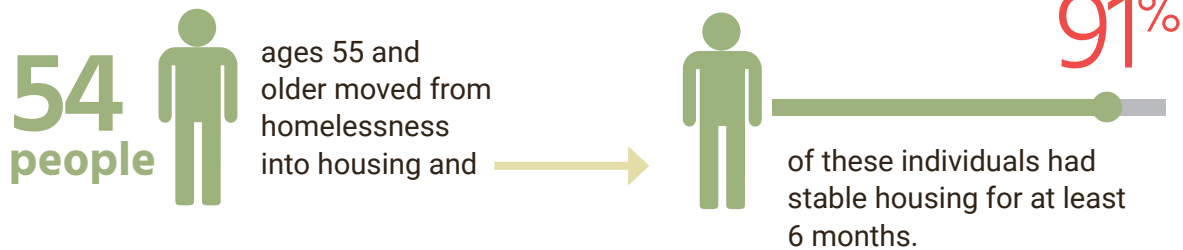
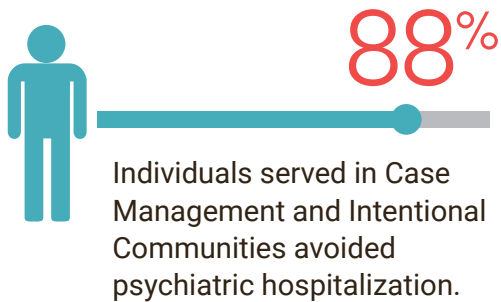
"I've learned that our lives are like trains in the railroad yard. When a switch is pulled for a car to go down a track, it brings us on a different path. I'm on a better path since coming to Touchstone."

Thomas

"I look at life differently.
Now I look forward to
waking up every day."
Jay



Our Results





Touchstone received the 2019 NAMI MN Provider of the Year Award



Ellie Skelton, CEO, with Board Member, Jamal Adam at Inspire 2019



Rising Cedar resident and speaker, Thomas Mishler at Inspire 2019



MN quilters donated over 80 quilts for clients

2019

A year in pictures



The Center of MVMT raised over \$6k for Touchstone during its Summer MVMT Series



Minnehaha Commons opened October 2019



Boston Scientific volunteered at Residential Treatment Bloomington



Minneapolis Mayor Frey and MN Office to End Homelessness Director, Cathy ten Broeke, at the Minnehaha Commons Grand Opening



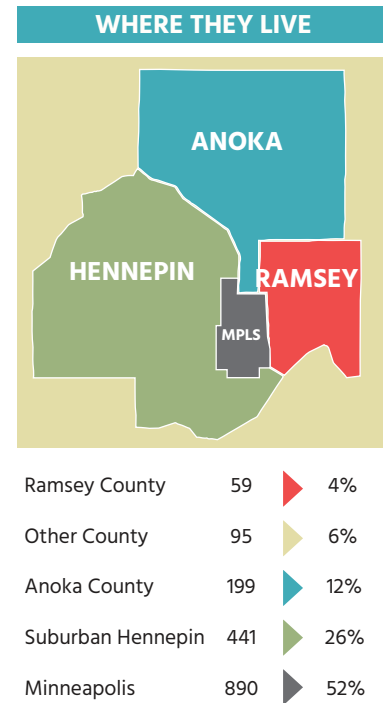
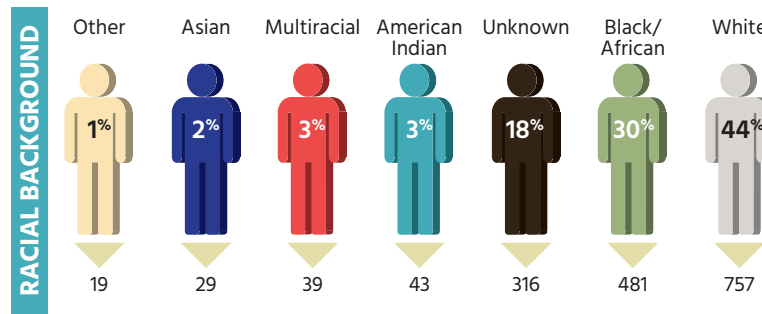
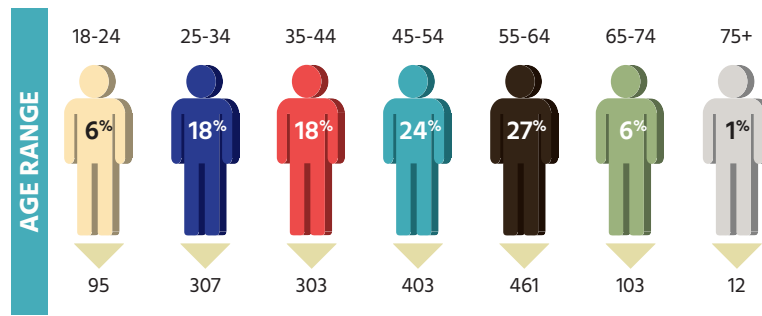
Minnehaha Commons Grand Opening



Bridgewater Bank hosted a picnic for Housing Innovations clients

Who We Serve

Touchstone served 1,684 people in 2019.



INCOME LEVEL

100% of people served have an income at or below the Federal Poverty Level of \$12,760 annually.



People Served by Program



1,069
people served

Community Mental Health Services

Intensive and Targeted Case Management
Care Coordination
Behavioral Health Home



283
people served

Community Housing Programs

Housing Innovation
Project Community Success
Intentional Communities
Rising Cedar Apartments
New Hope Apartments
Minnehaha Commons Apartments



Fitness Center

118 people served



420
people served

Residential Treatment Services

Residential Treatment Bloomington
Residential Treatment Minneapolis
Lyric Lane Residential Treatment and Crisis Services

Some individuals were involved in more than one program.

Touchstone Mental Health 2019 Financial Overview

BALANCE SHEET

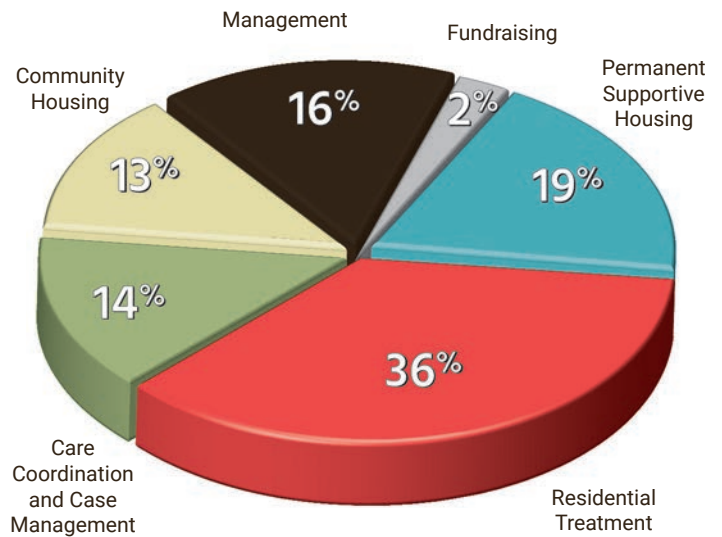
Assets		
Current Assets		
Cash and Cash Equivalents	\$	2,263,776
Receivables, Net		
Accounts	\$	1,789,388
Grants	\$	200,960
Promises to Give	\$	65,450
Prepaid Expenses	\$	131,512
Total Current Assets	\$	4,451,086

Property and Equipment, Net	\$	1,334,926
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Other Assets		
Endowment Investments	\$	87,152
Promise to Give, Leased Space	\$	818,125
Prepaid Rent, Net	\$	222,595
Deposits	\$	6,516
Total Other Assets	\$	1,134,388
Total Assets	\$	6,920,400

Liabilities and Net Assets		
Current Liabilities		
Current Maturities of Long-Term Debt	\$	10,743
Accounts Payable	\$	215,891
Accrued Expense	\$	980,794
Total Current Liabilities	\$	1,207,428

Net Assets		
Without Donor Restriction	\$	4,493,444
With Donor Restriction	\$	1,173,240
Total Net Assets	\$	5,666,684
Total Liabilities and Net Assets	\$	6,920,400



EXPENSE BY MAJOR PROGRAM 2019
TOTAL EXPENSES \$13,772,271

INCOME AND EXPENSE STATEMENT

Support and Revenue		
Net Program Service Fees	\$	12,158,763
Rent and Utilities	\$	671,394
Investment Income	\$	25,002
Grants	\$	820,792
Contributions	\$	157,426
Other	\$	36,526
Total Support and Revenue	\$	13,869,903

Expenses		
Program Services	\$	11,324,574
Management and General	\$	2,249,341
Fundraising	\$	198,356
Total Expenses	\$	13,772,271

Change in Net Assets	\$	97,632
Net Assets, Beginning of Year	\$	5,569,052
Net Assets, End of Year	\$	5,666,684



Touchstone Donors | January 1, 2019 - December 31, 2019

Thank you for fostering Hope, Health and Well-being for people living with a mental illness.

\$1,000+

Anonymous (1)
Matthew and Amy Anderson
Thomas Berg
Bethany Burzynski
Paul and Ann Capeder
Family Fund of the National Philanthropic Trust
Christine Clifford
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J. Thomas and Janet Rajala Nelson Fund of the Saint Paul and Minnesota Foundation
The Williams Donor Advised Fund
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\$1 - \$249

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Mary Setter

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Yussuf Shafie

Rheagan Simonsen
Amy Wrightson

Scott Thomas
Mary Thomas

Michelle Wincell O'Leary
Dean Neumann

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Darrin, Kenny and Justin
Tamra Kramer

Daniel Gower
John Gower

Beau Gruenwald
Jason Ottmar

Wayne Johnson
Lisa Rolfs

David Milkes
William Milkes

Michael Miller
Kathie Prieve

Carinna Murphy Lee
Caroline Bivona

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Endowment Fund
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Virginia (Ginger) Schwabe
Anonymous

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Lorraine Teel

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Rachel Funk

Ray Weucter
Bruce O'Leary

Frank Witting
Gene and Roberta Callery

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Glen and Sandra Albert
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Laura Bass
Gloria Becena
Judy Bernier
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Foundations, Corporations and Civic Groups

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Aroha Philanthropies
Best Buy
Blumentals/Architecture,
Inc.
Center of Movement
Ergotron
Fredrikson & Byron
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Gallagher
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Medica
Orangetheory Fitness
Maple Grove
Pizza Luce
Reinhart Foodservice
SFM Mutual Insurance

Quilts for People in Our Programs

Cornerstone Church
Forest Lake Memorial
Quilters
Shirley Jarcho
Rosemary Mengelkoch
Mt. Olivet Lutheran Church
of Plymouth
Peace Lutheran Church
Peace Presbyterian Church
St. Joseph the Worker
Catholic Church
St. Stephen Lutheran
Church

*Please excuse any omissions
or inaccuracies. For corrections,
please contact Development at
(612) 767-3881.



Our Agency

2019 Board Members

Erica Taylor Radtke, Chair	Jamal Adam	Christine Clifford	Ian Law
Bethany Burzynski, Vice Chair	Matt Anderson	Kate Eifrig	Harvey Linder
John Fritz, Treasurer	Rebecca Bachman	Michelle Haik	David McGraw Schuchman
Leigh-Erin Irons, Past Board Chair	Thomas Berg	Nikki Hill	Sanchayita Ray
	Gena Braaten	AnTonia Johnson	Liina Roth
	Lyndsay Capeder	Ann Marie Johnson	Pia Teabout

Touchstone Leadership

Ellie Skelton, Executive Director/ CEO	Khu Thao, Vice President of Community Mental Health
Chris Tomshine, Chief Financial Officer	Michelle Wincell O'Leary, Vice President of Community Housing Services

Interns and Volunteers

Boston Scientific PRIDE Employee Resource Group	Taylor Darnauer	Ruby Levine	Erin Tamaki
Bridgewater Bank	Twilight Florido-Bergad	Zinash Nine	Susan Terry (and Cayleigh)
Marissa Brown	Jordynn Gittins	Mason Nordman	Mailee Vue
Kacie Burch	Ben Guidon	Brenda Russ	Dr. Matt Wiest/ Center of Movement
Javae Carroll	Sabrina Haverdink	Shane Russell	
	Bailey Jader	Amanda Selly	

227 
Employees

13 
Programs

7 
Locations

3 
Counties



Our Programs

Touchstone Mental Health assists individuals in their mental health recovery. Our services help people learn about their illness, improve their ability to handle their lives each day and reach their goals.

Behavioral Health Home and Care Coordination

Behavioral Health Home and Care Coordination are community programs which help individuals find community resources and coordinate physical and mental health care. Our staff work with individuals to create a plan that meets individual needs and preferences.

Case Management

Case Management connects people to medical, mental health, housing, financial, vocational, social and other necessary resources to meet their mental health needs and support their independence.

Housing Innovations

Housing Innovations helps people find and move into community housing and offers ongoing support to help people keep their housing. Independent living support, wellness education, medication assistance, and social activities are also available for people who are approved for waiver services.

Intensive Residential Treatment Services

Short-term residential treatment is designed to improve mental health stability, personal and emotional adjustment, self-sufficiency and community independence. Services are offered in Bloomington, Minneapolis and Lyric Lane, in Fridley. Lyric Lane also offers Crisis Residential Services that serves individuals in crisis with immediate treatment needs.

Intentional Communities

The Intentional Communities program provides in-home services to build social, community and housing management skills. Program members meet weekly as a “community” of peers who support each other in their mental health recovery.

Minnehaha Commons Apartments

Minnehaha Commons provides permanent housing for people ages 55 and older who have experienced homelessness. Touchstone offers 24-hour on-site staff for individual support, assistance and community referrals. Service options include counseling, nursing, housekeeping, service coordination, meal planning and prep, transportation assistance, tenant education and linkage to community resources. Minnehaha Commons is located in the Minneapolis Longfellow neighborhood.

Rising Cedar and New Hope Apartments

Rising Cedar and New Hope Apartments provide permanent housing with 24-hour on-site services that includes counseling, nursing, housekeeping, service coordination, and linkage to community resources. Apartments are located in Minneapolis and New Hope.

Fitness Center

The Fitness Center offers a variety of machines, weights, personalized fitness training, individual and group memberships. The Fitness Center is open to anyone in the community.