



2019

Annual Report

TOUCHSTONE  
MENTAL HEALTH

# Touchstone Mental Health

## Our Mission

Touchstone Mental Health provides innovative, person-centered services that foster hope, health and well-being.

## Our Vision

All people whose lives are affected by mental illness flourish with access to effective treatment, quality housing, supportive services, and communities that are inclusive and welcoming.

## Our Values

- » Dignity and respect are cornerstones of all our interactions.
- » Diversity, equity and inclusion create a welcoming culture that reflects compassion and embraces differences.
- » Innovation, excellence and collaboration in our work helps us set the standard for mental health services and assure safe and affordable housing for the people we serve.
- » Person-centered approaches ensure that all people have the right to make informed choices about their lives.

## Our Commitment to Equity and Inclusion

Touchstone Mental Health is committed to an environment that recognizes, welcomes, and affirms all identities by raising awareness, engaging in efforts to overcome oppression, and fostering a culture of equity and inclusion.

# Dear Friends and Supporters,

In 2019, Touchstone Mental Health provided an array of community mental health services, residential treatment, and community housing services, serving 1,684 people. We have several programs dedicated to finding and keeping people in housing, and we recognize housing stability is essential for mental health recovery for everyone we serve. Our leadership embraces the critical need for mental health services and housing as key to an individual's overall health.

Touchstone also developed new partnerships and services in the past year. One of the greatest needs identified by our community is the increase of older people who become homeless. In response, Touchstone partnered with Alliance Housing, Hennepin County, and MN Department of Veterans Affairs to assist people ages 55 and older, to have a home, rent assistance and onsite services at Minnehaha Commons. The program opened last fall providing a home and onsite supports for 44 individuals who experienced homelessness. We also partnered with Dakota County to provide Targeted Case Management for people who need additional supports.

Everyone at Touchstone works to make a difference in people's lives by providing person centered services that meet their needs. We were honored to receive the Mental Health Program of the Year Award from the NAMI Minnesota in October 2019.

As we look back to 2019, we see our growth and successes would not be possible without our supporters, donors, funders, and partners.

**Thank you for all you have done to support our mission – we look forward to an exciting 2020.**

Ellie Skelton



CEO/Executive Director

Erica Taylor Radtke



Board Chair



"I've learned that our lives are like trains in the railroad yard. When a switch is pulled for a car to go down a track, it brings us on a different path. I'm on a better path since coming to Touchstone."

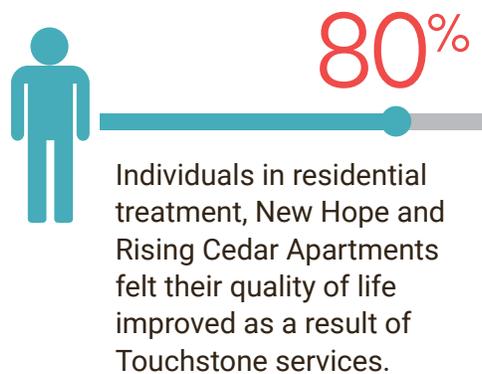
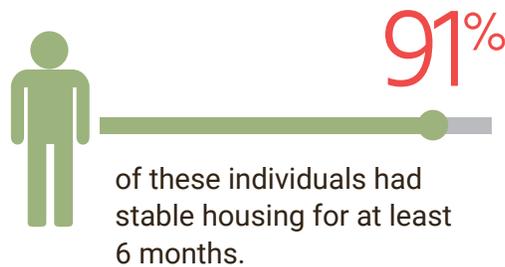
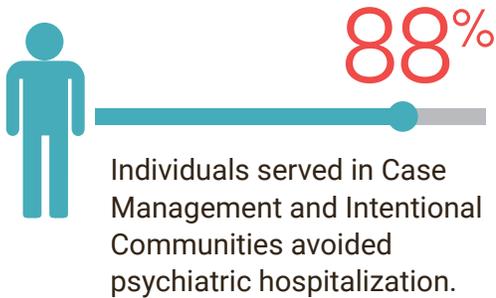
Thomas

"I look at life differently.  
Now I look forward to  
waking up every day."

Jay



## Our Results





Touchstone received the 2019 NAMI MN Provider of the Year Award



Ellie Skelton, CEO, with Board Member, Jamal Adam at Inspire 2019



Rising Cedar resident and speaker, Thomas Mishler at Inspire 2019



MN quilters donated over 80 quilts for clients

# 2019

## A year in pictures



The Center of MVMT raised over \$6k for Touchstone during its Summer MVMT Series



Minnehaha Commons opened October 2019



Boston Scientific volunteered at Residential Treatment Bloomington



Minneapolis Mayor Frey and MN Office to End Homelessness Director, Cathy ten Broeke, at the Minnehaha Commons Grand Opening



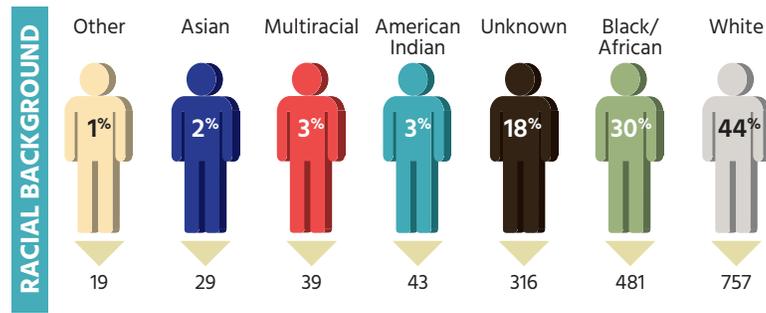
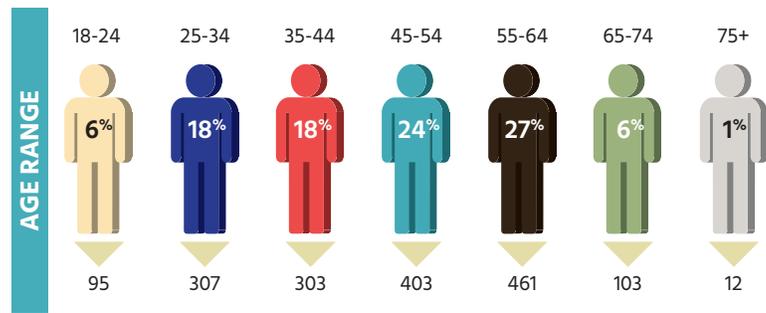
Minnehaha Commons Grand Opening



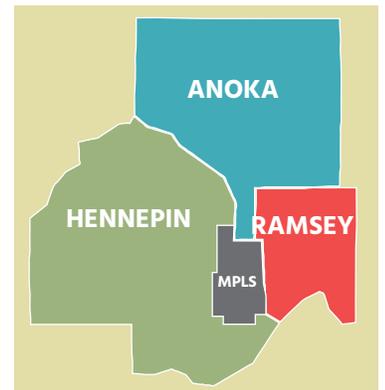
Bridgewater Bank hosted a picnic for Housing Innovations clients

# Who We Serve

Touchstone served 1,684 people in 2019.



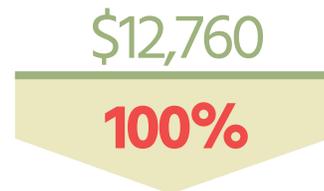
## WHERE THEY LIVE



Ramsey County	59	4%
Other County	95	6%
Anoka County	199	12%
Suburban Hennepin	441	26%
Minneapolis	890	52%

## INCOME LEVEL

100% of people served have an income at or below the Federal Poverty Level of \$12,760 annually.



# People Served by Program



### Community Mental Health Services

Intensive and Targeted Case Management  
Care Coordination  
Behavioral Health Home



### Community Housing Programs

Housing Innovation  
Project Community Success  
Intentional Communities  
Rising Cedar Apartments  
New Hope Apartments  
Minnehaha Commons Apartments



### Fitness Center

**118** people served



**420**  
people served

### Residential Treatment Services

Residential Treatment Bloomington  
Residential Treatment Minneapolis  
Lyric Lane Residential Treatment and Crisis Services

Some individuals were involved in more than one program.

# Touchstone Mental Health 2019 Financial Overview

## BALANCE SHEET

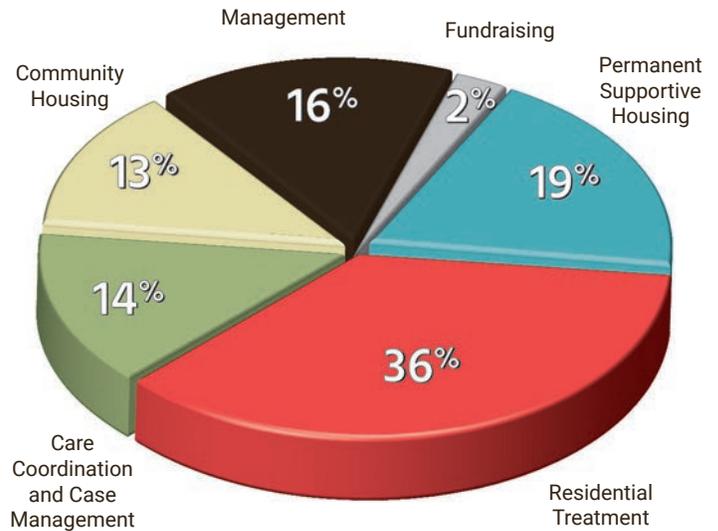
Assets	
Current Assets	
Cash and Cash Equivalents	\$ 2,263,776
Receivables, Net	
Accounts	\$ 1,789,388
Grants	\$ 200,960
Promises to Give	\$ 65,450
Prepaid Expenses	\$ 131,512
<b>Total Current Assets</b>	<b>\$ 4,451,086</b>

<b>Property and Equipment, Net</b>	<b>\$ 1,334,926</b>
------------------------------------	---------------------

Other Assets	
Endowment Investments	\$ 87,152
Promise to Give, Leased Space	\$ 818,125
Prepaid Rent, Net	\$ 222,595
Deposits	\$ 6,516
<b>Total Other Assets</b>	<b>\$ 1,134,388</b>
<b>Total Assets</b>	<b>\$ 6,920,400</b>

Liabilities and Net Assets	
Current Liabilities	
Current Maturities of Long-Term Debt	\$ 10,743
Accounts Payable	\$ 215,891
Accrued Expense	\$ 980,794
<b>Total Current Liabilities</b>	<b>\$ 1,207,428</b>

Net Assets	
Without Donor Restriction	\$ 4,493,444
With Donor Restriction	\$ 1,173,240
<b>Total Net Assets</b>	<b>\$ 5,666,684</b>
<b>Total Liabilities and Net Assets</b>	<b>\$ 6,920,400</b>



**EXPENSE BY MAJOR PROGRAM 2019**  
**TOTAL EXPENSES \$13,772,271**

## INCOME AND EXPENSE STATEMENT

Support and Revenue	
Net Program Service Fees	\$ 12,158,763
Rent and Utilities	\$ 671,394
Investment Income	\$ 25,002
Grants	\$ 820,792
Contributions	\$ 157,426
Other	\$ 36,526
<b>Total Support and Revenue</b>	<b>\$ 13,869,903</b>

Expenses	
Program Services	\$ 11,324,574
Management and General	\$ 2,249,341
Fundraising	\$ 198,356
<b>Total Expenses</b>	<b>\$ 13,772,271</b>

Change in Net Assets	\$ 97,632
Net Assets, Beginning of Year	\$ 5,569,052
<b>Net Assets, End of Year</b>	<b>\$ 5,666,684</b>



# Touchstone Donors | January 1, 2019 - December 31, 2019

*Thank you for fostering Hope, Health and Well-being for people living with a mental illness.*

## **\$1,000+**

Anonymous (1)  
Matthew and Amy Anderson  
Thomas Berg  
Bethany Burzynski  
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Family Fund of the National Philanthropic Trust  
Christine Clifford  
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Brian Mangnuson  
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Erica Taylor and Shane Radtke  
J. Thomas and Janet Rajala Nelson Fund of the Saint Paul and Minnesota Foundation  
The Williams Donor Advised Fund  
The Mary Zbikowski Fidelity Charitable Fund

## **\$250 - \$999**

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Hugh Aylward  
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Terri Cermak  
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Margie Skelton and Kelly Griffitts  
Jamil and Rehana Tareen  
Mary Thomas  
Gretchen and Carl Valdez  
Josh Volbrecht  
Michelle Wincell O'Leary

## **\$1 - \$249**

Anonymous (40)  
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Deanna Anderson  
Catherine Anderson  
Sara Aurelius  
Rebecca Bachman  
Sean Bailey  
Maria Barksdale  
Pearl Barner  
Sars Barron-Leer

Abraham Barton  
Anna Bartz  
David Baune  
Ryan and Andrea Beduhn  
Jessica Bender  
Lisa Benrud  
Kourtnei Bidwell  
Caroline Bivona  
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Patricia Cullen  
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Beth Kohls  
Jeffrey and Rachel Koschmeder  
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Dale Lange  
Martha Lantz  
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Mike Miner  
Jean Mishler  
Megan Mitzel  
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Margaret Morris  
Deborah Moses  
Katie Munlen  
Tracy Murphy  
Marisa Myhre  
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Jill Schewe  
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Andrew Schmitz  
Eric Schnell  
Sarah Scholl  
Dan Schultz  
Mark Schultz  
Don Schwartz  
Mary Seymour  
Yussuf Shafie  
Allen Shaw  
Joy Shelby  
Ronald Shelby  
Leah Shirley  
Bryan Shortridge  
Christy Simpson  
Lowell and Kathy Skelton  
Michael Smith  
Rebecca Spartz  
Joe Stackhouse  
Linda Stendstavold  
Devlin Stitt  
Marti Stone  
Kathie Stulc  
Amanda Sykora  
Colleen Talbert  
Asmah Tareen  
Pia Teabout  
Lorraine Teel  
Khu Thao  
Judith Tiede  
Mike Vang  
Brenda Vogel  
Annette Wanchena  
Colvin Watson  
Chris Westergaard  
Judith Weyl  
Nancy Williams  
Courtney Wilson  
Chris Wilson  
Reggie Woo  
Jen Worley  
Claire Wright  
Malini Wright  
Amy Wrightson  
Debbie Young  
Tracy Zeimet  
Deb Zorn

## In Honor

**Matthew Anderson**  
Catherine Anderson

**Michael Anderson**  
Mary Setter

**Andrew Barksdale**  
Maria Barksdale

**Kim Berg**  
Carol Lovly

**Ethan Carroll**  
Debbie Young

**Kathy Cashin**  
Mary and Ken Sutherland

**Greg and Susie Flint**  
Peter Flint

**Deb Hesli**  
Anonymous

**Hanna and Matt Hesli**  
Deb Hesli

**Marnie Johnson**  
Anonymous

**Rajew Mn̄ta**  
Malini Wright

**Thomas Mishler**  
Jean Mishler

**Kathie Prieve**  
Helen Raleigh

**Shawna Sanders**  
Judy Bernier

**Muktar Shahe**  
Yussuf Shafie

**Rheagan Simonsen**  
Amy Wrightson

**Scott Thomas**  
Mary Thomas

**Michelle Wincell O'Leary**  
Dean Neumann

## In Memory

**John Benz**  
Stephanie Carlson Ventura

**Darrin, Kenny and Justin**  
Tamra Kramer

**Daniel Gower**  
John Gower

**Beau Gruenwald**  
Jason Ottmar

**Wayne Johnson**  
Lisa Rolfs

**David Milkes**  
William Milkes

**Michael Miller**  
Kathie Prieve

**Carinna Murphy Lee**  
Caroline Bivona

**Ceil Raleigh  
Endowment Fund**  
Anonymous

**Virginia (Ginger) Schwabe**  
Anonymous

**Patrick Teel**  
Lorraine Teel

**Nick Tilleson**  
Kalli Funk  
Rachel Funk

**Ray Weucter**  
Bruce O'Leary

**Frank Witting**  
Gene and Roberta Callery

## In-Kind Donations

Jeff Achen  
Glen and Sandra Albert  
Alliance Housing

Laura Bass  
Gloria Becena

Judy Bernier  
Boston Scientific

Mark and Tara Carlson  
Patricia Cullen

Delta Dental of Minnesota  
Jill Franklin

Hazelden BookAid  
Beth Isely Eide

Jim Brandenburg  
Photography

Beth Kessler  
Longfellow Market

Janet Marks  
Medtronic

Minnesota Renaissance  
Festival

Minnesota State Fair  
Mother Earth Gardens

Myslajek, Kemp &  
Spencer LTD

Oakwood Elementary  
Kathie Prieve

Jayne Quinlan  
Radisson Blu Mall of  
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Helen Raleigh  
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Dan Schuchman  
Seward Community Co-op  
Margie Skelton and  
Kelly Griffiths

Rebecca Spartz  
Stanton Adams Consulting  
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Lori Tracy  
University of Minnesota-  
Fairview Care Management  
Warren Burger American  
Inn of Court  
Joan Wigginton

## Foundations, Corporations and Civic Groups

AgriBank FCB  
Allina Health  
Amazon Smile  
Aroha Philanthropies  
Best Buy  
Blumentals/Architecture,  
Inc.  
Center of Movement  
Ergotron  
Fredrikson & Byron  
Foundation  
Gallagher  
Greater Twin Cities  
United Way  
Intereum  
KAISERComm  
Medica Foundation  
Orangetheory Fitness  
Maple Grove  
Otto Bremer Trust  
Pizza Luce  
Shavlik Family Foundation  
Stevens Square Foundation  
Rockefeller Philanthropy  
Advisors – Learning4Good  
UnitedHealth Group  
U.S. Bank  
Warren Burger American  
Inn of Court

## Inspire Event Sponsors

**Diamond Sponsor**  
U.S. Bank

**Platinum Sponsors**  
Credible Behavioral  
Health Software  
M Health Fairview

## Silver Sponsors

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Bremer Bank  
Bridgewater Bank  
Choice Bank  
Delta Dental of Minnesota  
Hayes Gibson International  
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Philips  
SUCCESS Computer  
Consulting  
Watson-Forsberg

## Bronze Sponsors

Aon  
Ballinger Leafblad  
Blackbird Personnel  
Blumentals/Architecture,  
Inc.  
CARE Clinics  
D'Amico Catering  
Fostar  
Genoa Healthcare  
Hanover Insurance  
Medica  
Orangetheory Fitness  
Maple Grove  
Pizza Luce  
Reinhart Foodservice  
SFM Mutual Insurance

## Quilts for People in Our Programs

Cornerstone Church  
Forest Lake Memorial  
Quilters  
Shirley Jarcho  
Rosemary Mengelkoch  
Mt. Olivet Lutheran Church  
of Plymouth  
Peace Lutheran Church  
Peace Presbyterian Church  
St. Joseph the Worker  
Catholic Church  
St. Stephen Lutheran  
Church

\*Please excuse any omissions  
or inaccuracies. For corrections,  
please contact Development at  
(612) 767-3881.



## Our Agency

### 2019 Board Members

Erica Taylor Radtke, Chair	Jamal Adam	Christine Clifford	Ian Law
Bethany Burzynski, Vice Chair	Matt Anderson	Kate Eifrig	Harvey Linder
John Fritz, Treasurer	Rebecca Bachman	Michelle Haik	David McGraw Schuchman
Leigh-Erin Irons, Past Board Chair	Thomas Berg	Nikki Hill	Sanchayita Ray
	Gena Braaten	AnTonia Johnson	Liina Roth
	Lyndsay Capeder	Ann Marie Johnson	Pia Teabout

### Touchstone Leadership

Ellie Skelton, Executive Director/ CEO	Khu Thao, Vice President of Community Mental Health
Chris Tomshine, Chief Financial Officer	Michelle Wincell O'Leary, Vice President of Community Housing Services

### Interns and Volunteers

Boston Scientific PRIDE Employee Resource Group	Taylor Darnauer	Ruby Levine	Erin Tamaki
Bridgewater Bank	Twilight Florido-Bergad	Zinash Nine	Susan Terry (and Cayleigh)
Marissa Brown	Jordynn Gittins	Mason Nordman	Mailee Vue
Kacie Burch	Ben Guidon	Brenda Russ	Dr. Matt Wiest/ Center of Movement
Javae Carroll	Sabrina Haverdink	Shane Russell	
	Bailey Jader	Amanda Selly	

**227**   
Employees

**13**   
Programs

**7**   
Locations

**3**   
Counties





## Our Programs

Touchstone Mental Health assists individuals in their mental health recovery. Our services help people learn about their illness, improve their ability to handle their lives each day and reach their goals.

### Behavioral Health Home and Care Coordination

Behavioral Health Home and Care Coordination are community programs which help individuals find community resources and coordinate physical and mental health care. Our staff work with individuals to create a plan that meets individual needs and preferences.

### Case Management

Case Management connects people to medical, mental health, housing, financial, vocational, social and other necessary resources to meet their mental health needs and support their independence.

### Housing Innovations

Housing Innovations helps people find and move into community housing and offers ongoing support to help people keep their housing. Independent living support, wellness education, medication assistance, and social activities are also available for people who are approved for waiver services.

### Intensive Residential Treatment Services

Short-term residential treatment is designed to improve mental health stability, personal and emotional adjustment, self-sufficiency and community independence. Services are offered in Bloomington, Minneapolis and Lyric Lane, in Fridley. Lyric Lane also offers Crisis Residential Services that serves individuals in crisis with immediate treatment needs.

### Intentional Communities

The Intentional Communities program provides in-home services to build social, community and housing management skills. Program members meet weekly as a “community” of peers who support each other in their mental health recovery.

### Minnehaha Commons Apartments

Minnehaha Commons provides permanent housing for people ages 55 and older who have experienced homelessness. Touchstone offers 24-hour on-site staff for individual support, assistance and community referrals. Service options include counseling, nursing, housekeeping, service coordination, meal planning and prep, transportation assistance, tenant education and linkage to community resources. Minnehaha Commons is located in the Minneapolis Longfellow neighborhood.

### Rising Cedar and New Hope Apartments

Rising Cedar and New Hope Apartments provide permanent housing with 24-hour on-site services that includes counseling, nursing, housekeeping, service coordination, and linkage to community resources. Apartments are located in Minneapolis and New Hope.

### Fitness Center

The Fitness Center offers a variety of machines, weights, personalized fitness training, individual and group memberships. The Fitness Center is open to anyone in the community.